

2024/25

Catalogue





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"Delivering over 30 Years of Hot & Cold Therapy"







# **Introduction To Koolpak**

Koolpak has been manufacturing Hot & Cold Therapy products since 1993, and we celebrated our 30 Year Anniversary during 2023. During this time, Koolpak has established itself as the UK's No. I manufacturer and we are recognised as one of the leading brands in the Sports and First Aid industry.

The Koolpak name is recognised throughout the UK and has built a reputation as being a quality brand that people can trust. Our products are regularly used in schools, hospitals, offices and physiotherapy clinics, and they are used by professional and amateur sports teams across the country, to treat their injured players.

In addition, Koolpak are a trusted supplier to NHS Supply Chain, NHS Blood & Transport and the Ambulance Service, having supplied them for over 10 years.

A range of our products can be found in major supermarkets and retail stores throughout the UK, and our Instant Ice Packs and Hot & Cold Packs are amongst Amazon's top 10 best sellers, in their Hot & Cold Therapy category.

We have worked alongside some of the UK's major Sports and First Aid brands to help develop their own range, as part of our private label service. We are extremely proud to have worked with St John Ambulance for over 13 years, to whom we supply Koolpak/St John Ambulance dual-branded Instant Ice Packs.

Koolpak has received endorsements from several professional sports governing bodies, and we have worked in partnership with County Football Associations throughout the UK for over 10 years, to help support Grassroots Football. We are also proud sponsor of the (AoC) Association of Colleges ECFA National Football, Hockey, and Netball teams.

Our business is certified to ISO 9001 for Quality Management systems. Our Medical Device products are stringently controlled through our ISO 13485 Quality Management System, to produce products that meet all applicable requirements of the UK and EU Medical Device regulations.

Koolpak is a member of the British Healthcare Trades Association (BHTA) and commits to their code of practice, which is approved by the Chartered Trading Standards Institute.



# **BEST SELLERS**

# Delivering over 30 Years



**First Aid** 

# **Private Label Service**

We can manufacture to your own personal specification and with the minimum order quantities easily achievable, this service can be a perfect option to help promote your own brand. Please contact our sales team for further information on this service.

# **Customer Service**

Considered to be one of the UK's leading suppliers of First Aid Supplies, we provide our Trade ONLY customers with extremely competitive prices. Our products are exclusively available through the wholesale distribution network, and unlike many of our competitors, we do not sell directly to the end user.

Koolpak is committed to customer care, and our dedicated customer service team are always available to help answer any enquiries that you may have. We offer a next day delivery service to UK mainland customers, on non-palletised orders received before 2pm. We strive to deliver all palletised orders within 3 days.

# **Contact Us**

## Tel: 0800 180 4285

Email: sales@koolpak.co.uk Web: www.koolpak.co.uk Address: First Floor Fleetsbridge House, Fleets Corner Business Park, Nuffield Road, Poole, Dorset. BH17 0LA

# **NEW PRODUCTS**







#### Contents Instant Ice Packs 4-6 Instant Hot Pack NEW 7 Hot & Cold Packs NEW 8-11 Flexible Cold Gel Pack NEW 12 13 Hot & Cold Gel Sleeve NEW KoolBead Hot & Cold Pack and Eye Mask 14 **Moist Heat Pack and Ice Bag** 15 **Kool Spray and Elasticated Cold Wrap** 16 17 Heat and Cooling Patches **Migraine Cooling Patch and Hand Warmer** 18 19-20 Supports Accessories 21-22 **Sports First Aid Kits** 24-27 **Koolpak First Aid Kits** 28 **Medical Bags** 29 30-33 **Retail Range** 34-35





# Sport Instant Ice Pack

- Perfect to treat soft tissue injuries
- Instant pitch side treatment
- Essential item for any sports first aid kit
- Great alternative to ice from the freezer
- Pack remains cold for up to 30 minutes



	ase
SP40Sport Instant Ice Pack - 15 x 23cm - 200gm40	

# **Compact Instant Ice Pack**

- Ideal for treating injuries on smaller areas
- Compact size is ideal for keeping in a bag or first aid kit
- Simply squeeze and shake to activate
- Remains cold for up to 20 minutes



Code	Description	Qty Per Case
COM80	Compact Instant Ice Pack - 15 x 15cm - 120gm	80
RCOM24	Compact Instant Ice Pack - Pk 2	24

## \*\*These products are single use only 🛞

# Instant Ice Packs

Instant Ice Packs are now seen as an essential item in any first aid kit, because of their multipurpose use. They are perfect for treating soft tissue injuries, headaches, bruising and help to reduce swelling and inflammation.

# **Original Instant Ice Pack**

- Provides on the spot cold treatment
- Instant soothing pain relief
- Helps to reduce swelling and inflammation
- Perfect treatment for a soft tissue injury
- Essential item for any medical, sports or first aid kit
- Single use and disposable after use
- Remains cold for up to 30 minutes





Code	Description	Qty Per Case
ICE60	Original Instant Ice Pack - 12 x 29cm - 200gm	60

\* Images are for demonstration purpose only, always wrap pack in a cloth or protective sleeve before use (See page 21 & 22 for our range of accessories).





The UK's



# **Kool Kids Instant Cold Pack**

- Ideal for treating soft tissue injuries on children
- Extremely popular in schools
- Compact size is ideal for keeping in a hand bag or first aid kit
- Quickly relieves pain and swelling
- Ideal for soothing headaches
- Remains cold for up to 20 minutes



# **Tumble the Tiger Instant Cold Pack**

- Quickly relieves pain and swelling
- Great for treating everyday bumps and bruises
- Ideal to help soothe pain caused by headaches
- Instantly activated
- Single use disposable packs
- Remains cold for 15 minutes



Code	Description	Qty Per Case
TUM48	Tumble the Tiger Instant Cold Pack - Pk 2 - 12 x 14cm - 80gm	48

# **Instant Hot Pack**

Effective relief for muscular aches and pains and joint stiffness. Therapeutic heat can relieve muscle spasm, reduce pain and increase blood flow to help with recovery. Heat Packs are used in Phlebotomy departments throughout the UK, as they are used for warming the skin to help dilate blood, vessels prior to taking blood.

# **Instant Hot Pack**

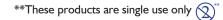
- Dual action heat therapy and pain relief
- Perfect to help dilate blood vessels prior to taking blood or for administering injections
- Effective relief from muscular aches and pains and joint stiffness
- The pack can remain hot for around 40 mins at room temperature







Code	Description	Qty Per Case
HOTM60	Instant Hot Pack - 15 x 15cm - 100 gm	60
HOT40	Instant Hot Pack - 15 x 23cm - 200 gm	40







\* Images are for demonstration purpose only, always wrap pack in a cloth or protective sleeve before use (See pages 21 & 22 for our range of accessories).



# **Reusable Hot & Cold Pack**

- These reusable packs are great for treating all manner of soft tissue injuries
- Microwave for effective heat relief from muscular joint aches and pains
- Use cold to relieve pain and to reduce swelling
- Lasts longer than a standard ice or heat pack
- Ideal for continuous treatment at home

Code	Description	Qty Per Case
HCS80	Reusable Hot & Cold Pack - 13 x 14cm - 120gm	80
HCM30	Reusable Hot & Cold Pack - 12 x 29cm - 400gm	30
HCL30	Reusable Hot & Cold Pack - 16 x 28cm - 400gm	30
HCPY8	Reusable Hot & Cold Pack - 28 x 36cm - 1.6kg	8

# **Elly the Elephant and Woopsadaisy** Hot & Cold Gel Pack

- Ideal for treating soft tissue injuries on children
- · Quickly relieves pain and swelling and are ideal for soothing headaches
- Great for treating everyday bumps and bruises
- Pack can be used either hot or cold
- Reusable

Code	Description	Qty Per Case
ELL80	Elly the Elephant Hot $\&$ Cold Gel Pack - 11 x 12cm - 100gm	80
WOO80	Woopsadaisy Hot & Cold Gel Pack - 11 x 12cm - 100gm	80

# **Reusable Hot & Cold Packs**

CE Reusable Hot & Cold Packs are perfect for the continuous treatment of an injury at home where you have access to a microwave or freezer. Use as an Ice Pack during the early stages following injury to help minimise pain and swelling, and as a Heat Pack later to help the healing process by increasing blood flow to the injured area.

# Luxury Reusable Hot & Cold Pack

- Designed for hot or cold therapy
- Great for treating a wide range of soft tissue injuries
- Use cold to reduce swelling and hot for relief from muscular pain
- Pack can be moulded when either hot or cold to fit shape of body
- Reusable simply reheat or freeze again
- Remains hot or cold for up to 30 minutes



Code	Description	Qty Per Case
LHCS80	Luxury Reusable Hot & Cold Pack - 13 x 14cm - 120gm	80
LHCM30	Luxury Reusable Hot & Cold Pack - 12 x 29cm - 400gm	30
LHCPY6	Luxury Reusable Hot & Cold Pack - 28 x 36cm - 1.6kg	6
RLHCM24	Reusable Hot & Cold Pack & Elasticated Holster - 12 x 29cm	24

\* Images are for demonstration purpose only, always wrap pack in a cloth or protective sleeve before use (See pages 21 & 22 for our range of accessories).





# **Reusable Hot & Cold Pack with**

Tel: 0800 180 4285

# **Elasticated Strap & Cover**

- Designed for hot and cold therapy
- Cold application provides instant relief for soft tissue injuries and helps reduce swelling and inflammation
- Heat application can help relieve muscle spasm by increasing blood flow to the affected area
- Delivers 20 minutes of soothing, cooling or heating relief
- Adjustable elasticated strap is perfect for use on all body parts
- Comes with a non-woven cover, to help prevent skin burns
- Reusable
- Cover Size: 17.5 x 38cm

# **Reusable Hot & Cold Gel Pack for** Neck, Back & Head

- Designed for hot or cold therapy
- Provides soothing relief for muscular aches and pain

Hot & Cold Gel Pack for Neck, Back & Head

- Use cold to reduce swelling and hot to ease joint stiffness
- Shaped to fit and treat specific body parts
- Reusable







Code	Description	Qty Per Case
HCNECK10	Hot & Cold Pack - 20 x 60cm - Neck - 900gm	10
HCBACK20	Hot & Cold Pack - 19.5 x 32cm - Back - 385gm	20
HCBKN20	Hot & Cold Pack - 19.5 x 32cm - Back with Neoprene Wrap - 385gm	20
HCHDN20	Hot & Cold Pack - 15 X 58cm - Head with Neoprene Wrap - 590gm	20

#### Qty Per Case Description LHCSTR18 Reusable Hot & Cold Pack with Elasticated Strap & Cover - 14.5 x 37cm - 586qm 18



# Luxury Reusable Round/Oval Hot & Cold Pack

- Perfect for treating a wide range of minor injuries
- Use hot for relief from muscular pain and joint stiffness
- Use cold to reduce swelling and inflammation
- The Round pack is a perfect fit for the knee, elbow, ankle, heel, or thumb
- The Oval pack is ideal for use on the calf, knee, thigh, shoulder or back
- Dual colour pack to aid with ease of use

Code	Description	Qty Per Case
LHCRD60	Luxury Reusable Hot & Cold Pack Round - 14.5cm Dia 115gm	60
LHCOV30	Luxury Reusable Hot & Cold Pack Oval - 12.5 x 25.5cm - 310gm	30



# **Reusable Flexible Cold Gel Pack**

- Flexible cold therapy treatment
- Perfect for treating a wide range of minor injuries
- Helps reduce swelling and inflammation
- Suitable for use on multiple body parts
- Includes adjustable fasteners to secure pack to injured area\*
- Soft fabric backing for patient comfort\*
- Durable, double stitched seam, to prevent leakage
- Reusable
- \* where applicable



# **Reusable Hot & Cold Gel Sleeve**

- Hot & Cold Therapy Compression
- Flexible 360° treatment
- Perfect for treating a wide range of minor injuries
- Use hot for relief from muscular pain and joint stiffness
- Use cold to reduce swelling and inflammation
- Immediate slip-on treatment
- Suitable for use on multiple body parts
- Reusable



FLCPN8

Flexible Cold Gel Pack - 20 x 60cm - Neck - 900gm

8

Code	Description	Qty Per Case
HCGSS20	Hot & Cold Gel Sleeve - 9 x 22cm - 330gm	20
HCGSM20	Hot & Cold Gel Sleeve - 11 x 25cm - 470gm	20
HCGSL20	Hot & Cold Gel Sleeve - 16 x 25cm - 685gm	20





CE

# KoolBead Reusable Hot & Cold Pack

The KoolBead Reusable Hot & Cold Pack has a flexible gel bead technology which distributes the hot or cold temperature evenly to the injured area. Its ultra-soft velour backing provides superior patient comfort.

- Perfect to be used for either hot or cold therapy
- Great for treating soft tissue injuries
- Flexible gel bead technology conforms to the body and distributes the temperature evenly to the injured area
- Use cold to reduce swelling, bruising and pain
- When heated the pack is the perfect solution to relax stiff muscles and encourage blood flow to aid with healing
- Ultra-soft fabric backing for patient comfort
- Reusable pack delivers up to 20 minutes soothing relief



Code	Description	Qty Per Case
KBHCS45	KoolBead Reusable Hot & Cold Pack - 12.5 x 21cm - 200gm	45
KBHCL14	KoolBead Reusable Hot & Cold Pack - 17 x 28cm - 450gm	14

# **KoolBead Reusable Eye Mask**

The KoolBead Eye Mask is perfect to help soothe and relieve tired or dry eyes, headaches and migraines. The flexible gel beads help distribute therapeutic hot or cold treatment around the eye area.

CE

- Can be used either hot or cold
- Gel bead technology helps soothe tired eyes and headaches
- Soft fabric backing allows direct skin use
- Easy to use and adjustable
- Delivers up to 20 minutes soothing relief
- Reusable



KBEYE24

KoolBead Reusable Eye Mask - 20.5 x 10cm - 126gm

24

# **Reusable Moist Heat Pack**

The Moist Heat Pack can transfer heat deeper and quicker to the injured area to increase blood flow to help speed up recovery. Its soft fabric material conforms perfectly to the body for enhanced patient comfort.

# **Reusable Moist Heat Pack**

- Helps to encourage blood flow to the affected area. to assist with healing
- When heated in a microwave the pack generates a comforting moist heat that is very therapeutic
- The application of Moist Heath is especially useful for treating muscle spasms, strains and tension
- Moist Heat is considered superior to ordinary dry heat because it transfers the heat deeper and guicker to the required area
- Soft fabric material gently conforms to the affected area

Code	Description	Qty Per Case
MHPS48	Reusable Moist Heat Pack - 15 x 15cm - 265gm	48
MHPM36	Reusable Moist Heat Pack - 12 x 29cm - 350gm	36

# CE

# Ice Bags

Ice Bags are a fast and effective cold therapy treatment designed to provide immediate treatment. They conform to the area of the body to provide superior cold compression to reduce pain and swelling, improving recovery time.

# Ice Bags

- Fill the durable bag with ice cubes or ice-cold water and place the bag onto the affected area to improve recovery
- The pleated design allows the bag fabric to conform to the contours of the body for maximum comfort and effectiveness
- Applying cold compression immediately following an injury drastically improves recovery times
- The bag is reusable, economical and easy to use for all body parts

Code	Description	Qty Per Case
ICEB1/10	lce Bag Small - 20cm	10
ICEB2/10	lce Bag Medium - 25cm	10
ICEB3/10	Ice Bag Large - 30cm	10
RICEWR16	Ice Bag & Neoprene Wrap - 20.5 x 75.5cm	16







**Heat & Cooling Patches** 

• Dual action heat therapy and pain relief

• Penetrating heat relaxes stiff, sore and aching muscles, helping to restore movement

# **Kool Spray**

The refreshing Kool Spray aides in soothing muscular discomfort and joint aches by cooling the skin. Ideal to be used after sport or exercise.



# **Kool Spray**

- Instant cooling relief once sprayed on the skin
- Helps soothe muscle aches and strains
- A convenient alternative to an ice pack
- Can be used during or immediately after exercise
- Available in 2 sizes

Code	Description	Qty Per Case
FS12	Kool Spray - 150ml	12
FSL12	Kool Spray - 400ml	12

# **Elasticated Cold Wrap**

The Elasticated Cold Wrap combines cooling with targeted compression which can assist with recovery. The wrap can help reduce discomfort and swelling to the affected area. The wrap is lightweight, easy to apply and doesn't restrict movement.



# **Elasticated Cold Wrap**

- Provides cooling relief for bruising and sprains
- While the cooling relieves the discomfort, the compression helps
- control the swelling around the problem area, to assist recovery
- The wrap is small, light and easy to use
- The stretchy material can easily fit around any part of the body, making it a great alternative to an instant ice pack
- Remains cold for up to 2 hours
- The wrap can be cut to required size and the remaining wrap can be resealed in the airtight zip bag, to be used at a later date
- Single use

Code	Description	Qty Per Case
KOOLB/30	Elasticated Cold Wrap - 7.5cm x 2m	30
KOOLB1/30	Elasticated Cold Wrap - 7.5cm x 4.5m	30

Code	Description	Qty Per Case	(
KOOLP36	Cooling Patch - 13 x 9.5cm - Pk 4	36	

\*\*These products are single use only (2)



Code	Description	Qty Per Case	CE
HEATP24	Heat Patch - 13 x 9.5cm - Pk 4	24	0197

# **Cooling Patch**

**Heat Patch** 

shoulder pain

 Air activated • Lasts up to 8 hours

with the healing process

• Direct to skin application

• Deep muscle relaxation

- Fast acting, cooling relief from muscular strains, pain, and sprains
- Works by cooling the affected area to reduce swelling, bruising and pain
- Ideal to help treat soft tissue injuries
- Immediate instant treatment
- Relieves head, neck, back, shoulder and muscular pain
- Soft gel sheet perfect for direct skin application
- Cooling sensation can last up to 8 hours



**These products are single use only 🔇	)
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- 13 x 9.5cm - Pk 4	36

## The Heat and Cooling Patches provide powerful dual action heat or cooling therapy and pain relief. The direct to skin application provides up to 8 hours of continuous treatment.



# Hand Warmer

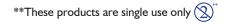
The Hand Warmers are ideal for everyday use or for when participating in outdoor sports in cold weather. They are, easy to use, warm up quickly and can provide up to 10 hours of comforting warmth.



# **Hand Warmer**

- · Perfect for keeping hands warm in cold weather
- · Heats immediately
- Air activated
- Up to 10 hours of soothing warmth
- Pack contains 2 hand warmers
- Single use

Code	Description	Qty Per Case
HAND160	Hand Warmer - 9.5 x 5.5cm - Pk 2	160



# **Compression Support Range**

The multi-directional knitted fabric provides flexible compressive support which aids in the recovery and rehabilitation from injury. The special weaving technique used in the design of the supports, enables air to flow through the material to regulate heat and minimise sweat. Helps minimise pain and swelling, and stimulates blood flow to the injured area to promote healing.

# Knee Support

- Helps to relieve symptoms of strains, sprains and arthritis
- · Protects and reinforces the strength of the knee joint
- · Perfect to help reduce pain and swellings around the knee
- · Integrated silicone gel cushion supports the patella
- Spiral stabilising rods provide targeted, flexible support
- · Contoured design ensures superior compressive fit



# Wrist Support

Code

KNES

KNEM

KNEL

KNEXL

- · Perfect to support weak, inflamed or injured wrists
- · Reduces strain caused by repetitive movements at the wrist
- · Relieves and stabilises using targeted pressure
- Integrated silicone gel cushion supports the wrist joint
- Removable splint provides rigid, stabilised support
- Adjustable strap for customised compression

Code	Description	Size	Qty
WRIS-L	Wrist Compression Support - Size S - Left	13 - 15cm	1
WRIM-L	Wrist Compression Support - Size M - Left	15 - 17cm	1
WRIL-L	Wrist Compression Support - Size L - Left	17 - 19cm	1
WRIXL-L	Wrist Compression Support - Size XL - Left	19 - 21cm	1

Code	Description	Size	Qty
WRIS-R	Wrist Compression Support - Size S - Right	13 - 15cm	1
WRIM-R	Wrist Compression Support - Size M - Right	15 - 17cm	1
WRIL-R	Wrist Compression Support - Size L - Right	17 - 19cm	1
WRIXL-R	Wrist Compression Support - Size XL - Right	19 - 21cm	1









# Ankle Support

- Ideal for supporting weak or sprained ankles
- Stabilises the ankle and controls movement
- Reduces pain caused by arthritis and achilles tendonitis
- Integrated silicone gel cushions support the ankle joint
- Reinforced cuff helps prevent slippage
- Contoured design ensures superior compressive fit

Code	Description	Size	Qty
ANKS	Ankle Compression Support - Size S	19 - 21cm	1
ANKM	Ankle Compression Support - Size M	21 - 23cm	1
ANKL	Ankle Compression Support - Size L	23 - 25cm	1
ANKXL	Ankle Compression Support - Size XL	25 - 27cm	1

# **Elbow Support**

- Helps relieve elbow arthritis and the symptoms of tennis elbow
- Provides compression support which helps increase blood flow circulation
- Improves movement of the elbow
- · Soft knitted fabric ensures comfort and joint flexibility
- Reinforced cuff to help prevent slippage

Code	Description	Size	Qty
ELBS	Elbow Compression Support - Size S	24 - 26cm	1
ELBM	Elbow Compression Support - Size M	26 - 28cm	1
ELBL	Elbow Compression Support - Size L	28 - 30cm	1
ELBXL	Elbow Compression Support - Size XL	30 - 32cm	1



# **Back Support**

- Strengthens the centre of the body through compression
- Helps improve posture and reduce back pain
- Supports and stabilises an injured, weak or arthritic back
- Detachable silicone gel cushion helps support the small of the back
- Stabilising rods provide additional lumbar support
- Adjustable straps for customised compression

Code	Description	Size	Qty
BCKS	Back Compression Support - Size XS - S	60 - 80cm	1
BCKML	Back Compression Support - Size M - L	80 - 98cm	1
BCKXL	Back Compression Support - Size XL - XLL	98 - 116cm	1

#### \* Size - circumference of joint

# Accessories

We have a range of accessories designed to help assist with the recovery from injury. The covers and holsters work as a barrier between the skin and the hot or cold pack, to prevent a skin burn. The holsters and wraps are perfect to secure the pack to the injured area, which helps to speed up recovery times.

# **Hot & Cold Pack Covers**

- Recommended whenever using hot or cold packs directly to the skin
- Prevents any cross contamination
- Reduces risk of heat or freeze burns
- Made from non-woven material
- Comes in 2 sizes to fit small and medium sized hot or cold packs

Code	Description	Qty Per Pack
COVS50	Hot & Cold Pack Cover - 16 x 16.5cm	50
COVM50	Hot & Cold Pack Cover - 15.5 x 30cm	50

# **Elasticated Holster**

- Provides compression with hot or cold therapy
- Helps ease swelling and improve recovery times
- Soft, comfortable fabric backing for maximum user comfort
- Can be used with either a hot or cold pack



C	ode	Description	Qty Per Pack
н	JL10	Elasticated Holster - 14 x 31cm (65cm fully extended)	10

# **Luxury Elasticated Holster**

- Thicker, luxurious durable material helps prolong the effectiveness of the hot & cold pack
- Larger elasticated strap extends further than the standard holster and provides better support
- Pouch attaches around the injured area with velcro fastening to help keep pack in place for effective treatment

Code	Description	Qty Per Pack
LUXHOL10	Luxury Elasticated Holster - 14 x 31cm (85cm fully extended)	10









# Ice Bag Wrap

- Designed to assist with the delivery of cold therapy
- Simply attach the ice bag to the neoprene wrap and place on the injured area
- Very effective and efficient way of combining cooling and compression
- Compatible with all Koolpak Ice Bags

Code	Description	Qty Per Pack
ICEWRAP10	Ice Bag Wrap - 20.5 x 75.5cm	10

# **Sports Wrap**

- Helps to attach ice packs to soft tissue injuries
- Aids with accelerated recovery from injury
- Easy to apply film sticks to itself
- Can be used on any part of the body

Code	Description	Qty Per Pack
SW	Sports Wrap & Handle	1
SWR	Sports Wrap Refill - 10cm x 1.5m	2

# **Neoprene Support Wraps**

- A very effective way of combining hot or cold therapy with compression
- Helps with the treatment of soft tissue injuries to reduce swelling
- A hot or cold pack can be inserted inside the support to help treat the injured area
- The support can be attached to the body using the attachments

Code	Description	Qty Per Pack
NEOSM10	Neoprene Support Wrap Small - 20 x 42cm	10
NEOLG10	Neoprene Support Wrap Large - 31 x 58cm	10



# **DELIVERING 30 YEARS OF HOT & COLD THERAPY**

Koolpak has been supplying Hot & Cold Therapy products to the football industry for over 30 years. During this time, we have established our reputation as being a quality brand, that professional and amateur football clubs can trust.



With immediate treatment essential to help speed up recovery times, the Koolpak range of Sports Injury and First Aid products are perfect to assist players on their road to recovery.











# **Sports First Aid Kits**

Koolpak offer a comprehensive range of sports first aid kits designed to cater for any team sport. Our kits contain all the essential items required to treat minor injuries on the field of play. All of the kits come supplied in quality waterproof medical bags with spacious interiors and a sturdy handle or shoulder strap.

# **Astroturf First Aid K**

- Designed specifically for team played on artificial surfaces
- The kit contains first aid items used to treat minor injuries ar burns such as an Instant Ice Pack, Burns Gel Sachets and a Kool Spray
- Recommended for use by football, hockey and netball teams
- Supplied in a hard-wearing water-resistant touchline bag with ample room to store first aid supplies

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Astroturf First Aid Kit	Qty
Alcohol Free Cleansing Wipes	10
Burns Gel Sachet 3.5ml	10
Conforming Bandage 7.5cm x 4m	
Crepe Bandage 5cm x 4.5m	2
Crepe Bandage 7.5cm x 4.5m	
First Aid Guidance Leaflet	
Foil Blanket	
Gauze Swabs	5
Instant Ice Pack	2
Kool Spray 150ml	
Low Adherent Dressing 5cm x 5cm	I
Low Adherent Dressing 10cm x 10cm	
Microporous Dressing Tape 1.25 x 5m	<u> </u>
Washproof Plasters - Assorted Sizes	20
Resuscitation Face Shield	
Safety Pins	6
Scissors	
Self Seal Waste Bags	2
Sterile Dressing Medium	1
Sterile Dressing Large	
Sterile Eye Pad	I
Triangular Bandage	2
Vinyl Gloves Powder Free Large (1 Pair)	2
Zinc Oxide Tape 2.5cm x 5m	
Zinc Oxide Tape 5cm x 5m	
Touchline Bag	1
	77pcs

Code	Description	Qty
KA	Astroturf First Aid Kit	1
KAR	Astroturf First Aid Kit Refill	1

# **Advanced Team Sports First Aid Kit**

- This kit meets the minimum requirements of the FA Basic First Aid for Sport contents list
- The contents include Eyewash, Hand Gel, Instant Ice Packs, Bandages and Sterile Dressings
- Ideal for pitch side first aid care
- Supplied in a robust waterproof medical bag with spacious interiors and a sturdy handle and shoulder strap

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Advanced Team Sports First Aid Kit	Qty
Alcohol Free Cleansing Wipes	10
Crepe Bandage 5cm x 4.5m	2
Crepe Bandage 7.5cm x 4.5m	2
Crepe Bandage 10cm x 4.5m	2
Eyewash Bottle 500ml	2
Eyewash Pods 20ml	2
First Aid Guidance Leaflet	I
Foil Blanket	l l
Gauze Swabs	5
Hand Sanitising Gel 50ml	I
Instant Ice Pack	2
Washproof Plasters - Assorted Sizes	20
Resuscitation Face Shield	I
Scissors -Tuff Cut	I
Self Seal Waste Bags	2
Sterile Dressing Medium	2
Sterile Dressing Large	6
Sterile Eye Pad	2
Triangular Bandage	4
Vinyl Gloves Powder Free Large (1 Pair)	4
Zinc Oxide Tape 2.5cm x 5m	I
Touchline Bag	I
	74ncs

Code	Description	Qty
KFA	Advanced Team Sports First Aid Kit	1
KFAR	Advanced Team Sports First Aid Kit Refill	1

- to treat minor injuries
- Gloves and Ice Packs
- Supplied in a quality, water-resistant touchline bag which has ample space to carry all your medical supplies

- Our Best Selling Sports First Aid Kit



Team Sports First Aid Kit	Qty
Alcohol Free Cleansing Wipes	10
Conforming Bandage 7.5cm x 4m	1
Crepe Bandage 5cm x 4.5m	2
Crepe Bandage 7.5cm x 4.5m	1
First Aid Guidance Leaflet	
Foil Blanket	1
Gauze Swabs	5
Low Adherent Dressing 5cm x 5cm	
Low Adherent Dressing 10cm x 10cm	
Microporous Dressing Tape 1.25 x 5m	I.
Washproof Plasters - Assorted Sizes	20
Resuscitation Face Shield	
Safety Pins	6
Scissors	
Self Seal Waste Bags	2
Instant Ice Pack	2
Sterile Dressing Medium	
Sterile Dressing Large	
Sterile Eye Pad	1
Triangular Bandage	2
Vinyl Gloves Powder Free Large (1 Pair)	2
Zinc Oxide Tape 2.5cm x 5m	1
Zinc Oxide Tape 5cm x 5m	1
Touchline Bag	1
	66pcs

Code	Description	Qty
KF	Team Sports First Aid Kit	1
KFR	Team Sports First Aid Kit Refill	1

# KOOL Sport First Aid Kits

# **Multipurpose Sports First Aid Kit**

- Ideal for large sports clubs or schools
- Includes a greater amount of first aid products compared to our other kits
- Contents include Adhesive Wound Dressings, Fabric & Washproof Plasters, Sterile Dressings and Vinyl Gloves
- Supplied in a touchline bag which is very spacious and of high quality
- Bag features specially designed compartments to keep essential items secure and ready for use



Multi Purpose Sports First Aid Kit	Qty
Adhesive Wound Dressing 6 x 7cm	2
Adhesive Wound Dressing 8.6 x 6cm	2
Alcohol Free Cleansing Wipes	10
Cohesive Bandage 5 x 4.5m	
Crepe Bandage 5.5 x 4.5m	
Crepe Bandage 7.5 x 4.5m	I.
First Aid Guidance Leaflet	
Foil Blanket	2
Microporous Dressing Tape 1.25cm x 5m	
Fabric Plasters - Assorted Sizes	20
Washproof Plasters - Assorted Sizes	20
Resuscitation Face Shield	
Safety Pins	12
Scissors	- I
Self Seal Waste Bags	3
Instant Ice Pack	4
Sterile Dressing Medium	2
Sterile Dressing Large	2
Sterile Dressing Extra Large	2
Sterile Eye Pad	2
Triangular Bandage	3
Vinyl Gloves Powder Free Large (1 Pair)	5
Wound Closure Strip 3 x 7.5mm Pk 5	2
Touchline Bag	- I
	103pcs

Code	Description	Qty
KMP	Multipurpose Sports First Aid Kit	1
KMPR	Multipurpose Sports First Aid Kit Refill	1

# Handy Sports First Aid Kit

- This compact kit has been designed specifically for personal use
- Contents include Sterile Dressings, Crepe Bandages and a Resuscitation Face Shield
- Supplied in a small compact bag which makes it ideal to be kept in a kit bag
- The bag is waterproof and has a wipe clean interior

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Handy Sports First Aid Kit	Qty
Alcohol Free Cleansing Wipes	10
Conforming Bandage 7.5cm x 4m	
Crepe Bandage 5cm x 4.5m	
First Aid Guidance Leaflet	1
Microporous Dressing Tape 1.25cm x 5m	1
Resuscitation Face Shield	1
Safety Pins	6
Instant Ice Pack	2
Sterile Dressing Medium	1
Sterile Dressing Large	1
Vinyl Gloves Powder Free Large (1 Pair)	2
Grab Bag	1
-	28pcs

Code	Description	Qty
FAK	Handy Sports First Aid Kit	1

Bumbag Sports First Aid Kit	Qty
Alcohol Free Cleansing Wipes	10
Conforming Bandage 7.5cm x 4m	I.
Crepe Bandage 5cm x 4.5m	2
Crepe Bandage 7.5cm x 4.5m	I.
First Aid Guidance Leaflet	I
Foil Blanket	1
Gauze Swabs	5
Low Adherent Dressing 5cm x 5cm	1
Low Adherent Dressing 10cm x 10cm	1
Microporous Dressing Tape 1.25 x 5m	1
Washproof Plasters - Assorted Sizes	20
Resuscitation Face Shield	1
Safety Pins	6
Scissors	1
Self Seal Waste Bags	2
Instant Ice Pack	2
Sterile Dressing Medium	
Sterile Dressing Large	1
Sterile Eye Pad	I.
Triangular Bandage	2
Vinyl Gloves Powder Free Large (1 Pair)	2
Zinc Oxide Tape 2.5cm x 5m	I
Zinc Oxide Tape 5cm x 5m	I
Physio Burn Bag	I
· •	66pcs

# **Bum Bag Sports First Aid Kit**

- First aid kit is ideal for immediate use during any sporting activity
- The kit comes complete with all the first aid contents needed to treat minor injuries such as Crepe Bandages, Zinc Oxide Tape and Low Adherent Dressings
- Attaches around the waist using the adjustable waist strap for hands-free patient care
- Supplied in a quality waterproof Bum Bag which has ample space to carry medical supplies

Code	Description	Qty
KBB	Bum Bag Sports First Aid Kit	1
KBBR	Bum Bag Sports First Aid Kit Refill	1

# **Junior Sports First Aid Kit**

- The Junior Sports Kit is ideal for children's sports teams or school playgrounds
- This kit includes an Instant Cold Pack, Adhesive Wound Dressings and Eyewash Pods
- Supplied in a quality Bum Bag with an adjustable strap to fit around the waist
- The bag is water-resistant and easy to keep clean

Junior Sports First Aid Kit	Qty
Adhesive Wound Dressing 6cm x 7cm	2
Alcohol Free Cleansing Wipes	6
Crepe Bandage 5cm x 4.5m	I
Elasticate Cold Bandage 8cm x 2m	I
First Aid Guidance Leaflet	I
Foil Blanket	I
Instant Ice Pack	2
Plasters Washproof	20
Safety Pins	6
Scissors	I
Sterile Eyewash Pods 20ml	5
Sterile Dressing Medium	I.
Physio Burn Bag	I
	48pcs



Code	Description	Qty
KJUN	Junior Sports First Aid Kit	1
KJUNR	Junior Sports First Aid Kit Refill	1



# Koolpak First Aid Kits

# First Response First Aid Kit

- This easy to carry kit enables the first aider to take the kit directly to the casualty and provides easy access to all first aid essentials
- Kit includes Eyewash, Plasters, Sterile Dressings and Alcohol Free Cleansing Wipes
- Opens out flat to ensure easy access to contents when time is of the essence
- Contents are held securely in place with elasticated loops to protect supplies when on the move
- Bag has ample room for additional products should they be required
- Water-resistant bag with double zip closure and adjustable, nylon shoulder strap



First Response First Aid Kit Alcohol Free Cleansing Wipes Burns Gel Sachet 3.5ml Eyewash Bottle 500ml Eyewash Pods 20ml First Aid Guidance Leaflet	<b>Qty</b> 10 3
Burns Gel Sachet 3.5ml Eyewash Bottle 500ml Eyewash Pods 20ml	3
Eyewash Bottle 500ml Eyewash Pods 20ml	
Eyewash Pods 20ml	1
First Aid Guidance Leaflet	5
	1
Foil Blanket	1
Instant Ice Pack	2
Latex Gloves Powder Free Medium (1 Pair)	2
Microporous Dressing Tape 2.5cm x 10m	1
Fabric Plasters - Assorted Sizes	20
Washproof Plasters - Assorted Sizes	20
Resusci Aid	2
Safety Pins	12
Scissors Tufcut	1
Self Seal Waste Bags	3
Sterile Dressing Medium	6
Sterile Dressing Large	3
Sterile Eye Pad	2
Triangular Bandage	4
First Responders Bag	1
	100pcs

Description	Qty
First Response First Aid Kit	1
First Response First Aid Kit Refill	1
	First Response First Aid Kit

# KoolKids First Aid Kit

- Handy sized kit is ideal for days out with the family and has all the essential items just in case you have any little accidents
- Contents include Children's Plasters, Instant Cold Pack and Burn Relieving Gels which help put a smile back on a child's face
- Small compact pouch comes with a carry handle and is ideal to be kept in a bag or cupboard
- The pouch is waterproof and has a wipe clean exterior



KoolKids First Aid Kit	Qty
Alcohol Free Cleansing Wipes	4
Burns Gel Sachet 3.5ml	2
Conforming Bandage 5cm x 4m	1
First Aid Guidance Leaflet	
Instant Cold Pack	
Low Adherent Dressing 5 x 5cm	2
Meningitus Information Card	1
Microporous Tape 1.25cm x 5m	
Washproof Plasters - Assorted Sizes	20
Safety Pins	6
Sterile Eyewash Pods 20ml	I.
First Aid Pouch	I.
	4 l pcs

# Medical Bags

Our Medical Bags have been designed to be hard-wearing and very versatile, making them perfect for use in any environment. All our bags are water-resistant and have specially designed inner compartments to keep essential items at hand. Features a robust handle and shoulder strap, making them easy to carry and extremely reliable.

# **Touchline Bag**

- This hard-wearing run on bag is perfect for any level of sports team
- Features a sturdy handle and shoulder strap
- Spacious interior makes it perfect to carry essential first aid items
- Lightweight and water-resistant



Code	Description	Qty
BTO	Touchline Bag - 39 x 28 x 19cm	1

# Physio Bum Bag

- This bag is ideal for any sports club playing at any level
- Comes with an adjustable strap to fit perfectly to the waist
- Ideal for hands-free patient care
- Water-resistant with internal compartments to keep essential items on hand
- Mesh outer pocket to hold a water or spray bottle



Code	Description	Qty
Fakkid	KoolKids First Aid Kit	1

Code	Description	Qty
KBBB	Physio Bum Bag - 60 x 19 x 6cm	1



# First Aid

Koolpak offer a comprehensive range of First Aid and Health and Safety products, which comply with the latest BSI and HSE guidelines. Our products are manufactured to the latest ISO quality standards and the majority of our products are made in the same factories as other well-known brands. Our range includes products such as BSI Compliant Workplace First Aid Kits, Sterile Plasters, Vinyl Gloves, Sterile Eyewash, Elastic Adhesive Bandages and Zinc Oxide Tapes, all of which are available at extremely competitive prices.



Code	Description	Qty
KLBSI01	BSI Workplace Kit - Small	1
KLBSI02	BSI Workplace Kit - Medium	1
KLBSI03	BSI Workplace Kit - Large	1



# British Standard Workplace First Aid Kits

- Compliant with the latest BS8599-1:2019 standard for the contents of workplace first aid kits
- The clearest and simplest way for employees to ensure they have adequate workplace first aid provisions and remain fully compliant with the law
- First Aid printed on the green box for easy identification
- Supplied in sturdy, durable moulded cases with carry handle and wall mounting brackets

BRITISH STANDARD WORKPLACE KITS			
	Small Kit	Medium Kit	Large Kit
Alcohol Free Cleansing Wipes	20	30	40
Burn Dressing 10cm x 10cm	1	2	2
Conforming Bandage 7.5cm x 4m	1	2	2
First Aid Guidance Leaflet	1	1	1
Foil Blanket	1	2	3
Gloves Nitrile (Pair)	6	9	12
Microporous Tape 2.5cm x 5m	1	2	3
Plasters Washproof	40	60	100
Resuscitation Face Shield	1	1	2
Sterile Dressing Finger	2	3	4
Sterile Dressing Medium	2	4	6
Sterile Dressing Large	2	3	4
Sterile Eye Pad	2	3	4
Triangular Bandages	2	3	4
Tuff Cut Scissors	1	1	1
	83pcs	126pcs	188pcs

# **Sterile Eyewash**

- Help relieve irritation and discomfort in the eye
- Can also be used for wound cleansing
- Twist off cap for ease of opening in an emergency
- Squeezable bottle/pod for a controllable flow rate
- Single use
- Sodium Chloride 0.9w/v Ph. Eur

Code	Description	Qty
KLEED04	Sterile Eyewash Pods - 20ml	25
KLER01R/B	Sterile Eyewash Bottle - 500ml	1

# **Sterile Assorted Plasters**

- 3 varieties available
- Breathable fabric plasters that conform to contours
- Washproof plasters to keep out water and dirt
- Blue detectable plasters for use in the catering industries
- Each box contains an assortment of 100 sterile-wrapped plasters in a variety of shapes and sizes to treat a wide range of injuries
- Ideal for everyday use and for replenishing existing first aid kits
- Hypoallergenic, latex free adhesive minimises risk of allergic reactions

	Code	Description	Qty Per Box
	KLPLP4	Sterile Assorted Washproof Plasters	100
	KLPLP5	Sterile Assorted Fabric Plasters	100
	KLPLP6	Sterile Assorted Blue Detectable Plasters	100

# **Sterile Dressings**

- Soft, highly absorbent wound pad cushions the affected area and protects against possible infection
- Sterile dressing with conforming stretch bandage
- Low adherent pad
- Supplied in sterile, plastic, burst resistant packaging

Code	Description	Qty Per Pack
KLFS07/12	Sterile Dressing - Small - 4 x 5cm	12
KLFS08/12	Sterile Dressing - Medium - 12 x 12cm	12
KLFS09/12	Sterile Dressing - Large - 18 x 18cm	12
KLFS10/12	Sterile Dressing - X Large - 20 x 28cm	12

# **Adhesive Wound Dressings**

- Conforms and adheres to awkward areas of the body
- Hypoallergenic and breathable
- Rounded corners minimise lifting
- Each dressing is individually sterile wrapped

Code	Description	Qty Per Pack
KLSAWD1	Adhesive Wound Dressings - 6 x 7cm	25
KLSAWD2	Adhesive Wound Dressings - 8.6 x 6cm	25
KLSAWD3	Adhesive Wound Dressings - 10 x 8cm	25
KLSAWD4	Adhesive Wound Dressings - 15 x 8cm	25













**Elasticated Adhesive Bandage** 

- Excellent for support and compression of soft tissue injuries
- The elasticated adhesive bandage is easy to apply providing excellent conformity
- High-strength adhesive
- Ideal for finishing tape jobs when working on the ankle, knee or wrist

Code	Description	Qty Per Pack
KLEAB1/6	Elasticated Adhesive Bandage - 2.5cm x 4.5m	6
KLPVB1	Elasticated Adhesive Bandage - 5cm x 4.5m	6
KLPVB2	Elasticated Adhesive Bandage - 7.5cm x 4.5m	6

# Zinc Oxide Tape

- Serrated edges ensure easy tearing by hand with no need for scissors
- Ideal for fast taping applications where strength is required
- Helps to limit movement, providing support to joints and muscles which may be under strain due to ligament injury
- Excellent, long-lasting adhesive

Code	Description	Qty Per Pack
KLZO1	Zinc Oxide Tape - 1.25cm x 13.7m	88
KLZO2	Zinc Oxide Tape - 2.5cm x 13.7m	48
KLZO3	Zinc Oxide Tape - 3.8cm x 13.7m	32
KLZO4	Zinc Oxide Tape - 5cm x 13.7m	24



# **Blister Plasters**

- Made from hydrocolloid, an active gel with special moisture absorbing properties that help with the treatment of blisters
- Cushion and protect against rubbing which helps to relieve blister pain
- The plasters are easy to apply and can stay firmly in place for several days to allow the skin to heal
- 5 individually wrapped, waterproof plasters per pack
- Size 44 x 69mm

Code	Description	Qty Per Box
KPBLIS48	Blister Plasters - 44 x 69mm - PK 5	48

\* Please speak to our sales team for further information and pricing for our First Aid range.

# **Cleansing Wipes**

- Ideal for cleaning wounds prior to dressing
- Compliant with HSE regulations
- Individually wrapped
- 100 wipes per box



Code	Description	Qty Per Box
KLSTR13	Alcohol Free Cleansing Wipes	100
KLSTR19	Sterile Saline Moist Cleansing Wipes	100

# **Accident Book**

- GDPR and DPA 2018 compliant
- A HSE requirement and compliant with RIDDOR regulations
- A legal requirement all workplaces must have an accident book
- Contains 50 perforated record sheets that can be removed and filed upon completion



Code	Description	Qty
KLSAB01	Accident Book	1

# Mediana HeartOn AI5 Automated Defibrillator

- Unit is supplied with a protective outer cover, which when opened automatically turns the unit on
- Visual representation and built-in speaker provide real time guidance during use
- LED indicator lights flash with the corresponding voice prompts
- Defibrillator pads are pre-connected ready for use
- Features an adult/paediatric mode switch to correct the settings without changing the pads
- · Visual indication of defibrillator status, battery level and temperature range status
- Unit comes supplied with a LiMnO2 non-rechargeable battery, with a 2 year shelf life and 5 year standby life
- Inbuilt IR and SD Card port for the recording of data
- Supplied with Prep Kit

Code	Description	Qty
AED24	Mediana HeartOn A15 Automated Defibrillator	1
AED25	Mediana HeartOn A15 Adult & Paediatric Pad	1

# **Retail Range**

COLD

With the Koolpak brand name being recognised as the market leader for Hot & Cold Therapy, our retail range has proved extremely successful. Our products can be found in major supermarkets and retail stores throughout the UK, and they are available on Amazon platforms in the UK and throughout Europe. The bright, eye-catching, retail packaging, stand out whether displayed on a shelf or hung on a display unit.



# **Compact Instant Ice Pack**

- Perfect for use on soft tissue injuries
- Quickly relieves pain and swelling
- Single use and easily disposable
- Simple squeeze and shake application
- Twin pack

Code	Description	Qty Per Cas
RCOM24	Compact Instant Ice Pack - 15 x 15cm - Pk 2	24

# **Elasticated Cold Wrap**

- Provides cooling relief for bruising and sprains
- While the cooling relieves the discomfort, the compression helps control the swelling around the problem area, assisting recovery
- The wrap is small, light and easy to use
- The stretchy material can easily fit around any part of the body, making it a great alternative to an instant ice pack
- Remains cold for up to 2 hours
- The wrap can be cut to required size and the remaining wrap can be resealed in the airtight zip bag, to be used at a later date

#### • Single use

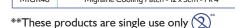
Code	Description	Qty Per Case
KOOLB/30	Elasticated Cold Wrap - 7.5cm x 2m	30
KOOLB1/30	Elasticated Cold Wrap - 7.5cm x 4.5m	30

# Hand Warmer

- · Perfect for keeping hands warm in cold weather
- Heats immediately
- Air activated
- Up to 10 hours of soothing warmth
- Pack contains 2 hand warmers
- Single use

Code	Description	Qty Per Case
HAND160	Hand Warmer - 9.5 x 5.5cm - Pk 2	160
	**This products are single use of	only 🔊





# **Reusable Hot & Cold Packs**

- Designed for hot or cold therapy
- Great for treating a wide range of soft tissue injuries
- Use cold to reduce swelling and hot for relief from muscular pain
- Pack can be moulded when either hot or cold to fit shape of body
- Reusable simply reheat or freeze again
- Remains hot or cold for up to 30 minutes
- Holster size 14 x 31 cm

Code	Description	Qty Per Case
RLHCM24	Reusable Hot & Cold Pack & Elasticated Holster - 12 x 29cm	24

# **Heat & Cooling Patches**

# Heat Patch

- Dual action heat therapy and pain relief
- Increases blood flow to the affected area, aiding the healing process
- Deep muscle relaxation

# **Cooling Patch**

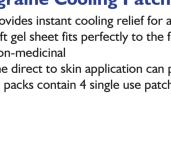
- Fast acting, cooling relief from muscular strains, aches and pains
- Works by cooling the affected area to reduce swelling, bruising and pain
- Ideal to help treat soft tissue injuries

Code	Description	Qty Per Case
HEATP24	Heat Patch - 13 x 9.5cm - Pk 4	24
KOOLP36	Cooling Patch - 13 x 9.5cm - Pk 4	36

# **Migraine Cooling Patch**

- Provides instant cooling relief for a migraine or headache
- · Soft gel sheet fits perfectly to the forehead
- Non-medicinal
- The direct to skin application can provide up to 8 hours of relief
- All packs contain 4 single use patches













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