

KOOL PAK+



Hot & Cold Therapy and First Aid Trade Catalogue

2026/27



“Delivering over 30 Years of Hot & Cold Therapy”

Introduction To Koolpak

Since 1993, Koolpak has been proudly manufacturing Hot & Cold Therapy products designed to deliver trusted relief, recovery and care. Celebrating our 30th Anniversary in 2023, we continue to lead the way as the UK's No.1 manufacturer and a leading supplier of First Aid products within the Sports and Healthcare industries.

In 2025, we sold over 8 million Hot & Cold Therapy products, further strengthening our position as the UK market leader and the go-to choice for professionals and individuals alike.

The Koolpak name is synonymous with quality and reliability. Our products are trusted by schools, hospitals, offices, physiotherapy clinics, and sports teams at every level across the country. After more than 30 years of innovation and growth, Koolpak remains at the forefront of quality and care across the UK.

We are proud to be a trusted supplier to the NHS Supply Chain, NHS Blood & Transplant, and the Ambulance Service, partnerships we've maintained for over a decade - a testament to our unwavering commitment to quality, safety, and care. Some of our best-selling products can be found at some of the UK's major retailers, including B&M, ASDA, and Tesco, and are among the best sellers in Amazon's Hot & Cold Therapy category.

Endorsed by several professional sports governing bodies, Koolpak has built trusted partnerships with County Football Associations across the UK for over 15 years, helping support the growth in grassroots football.

In addition, we have worked with the Association of Colleges (AoC) ECFA National Football, Hockey, and Netball teams and English Schools FA and Wigan Warriors RFC.

CMUK Visual Safety Ltd also trading as Koolpak Ltd have a Quality Management System certified to both ISO 13485:2016 and ISO 9001:2015.

Unlike many other products on the market, Koolpak Instant Ice and Hot Packs are certified as Class IIa Medical Devices. Device and QMS certifications can be provided upon request.

Koolpak is also a proud member of the British Healthcare Trades Association (BHTA) and fully adheres to its Code of Practice, approved by the Chartered Trading Standards Institute.



BEST SELLERS



Private Label Service

Create your own brand with our Private Label Service. We can manufacture products to your exact specifications, with low minimum order quantities that make customization simple and accessible. This is the ideal solution for businesses looking to expand their product range or strengthen their brand identity.

Contact our sales team today to learn more about how we can bring your vision to life.

Customer Service

Recognised as one of the UK's leading suppliers of First Aid products, we provide our Trade ONLY customers with highly competitive prices. Our products are available exclusively through the wholesale distribution network - unlike many competitors, we do not sell directly to end users.

Koolpak is committed to delivering exceptional customer care, with a dedicated service team always on hand to assist with any enquiries. We offer next-day delivery to UK mainland customers on non-palletised orders received before 2pm and aim to deliver all palletised orders within three days.

Contact Us

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NEW PRODUCTS



**best
seller**

Children's Instant Cold Pack

- Perfect for treating minor bumps, bruises, and soft tissue injuries in children
- Widely used in schools and childcare settings for quick, effective relief
- Compact and portable - ideal for handbags, school bags, or first aid kits
- Provides fast cooling to help reduce pain, swelling, and discomfort
- Gentle and soothing - ideal for easing headaches and minor knocks
- Remains cold for up to 20 minutes



Code	Description	Qty Per Case
KID80	Kool Kids Instant Cold Pack - 15 x 15cm - 120gm	80

Instant Ice Packs

Instant Ice Packs are a key item in any first aid range, providing quick and effective relief for soft tissue injuries, bruising, headaches, and swelling. Easy to use and highly versatile, they're an essential product trusted across healthcare, workplace, and sports environments.

Original Instant Ice Pack

- Provides immediate cold therapy
- Helps to reduce pain, swelling and inflammation after impact or injury
- Soothes headaches and minor burns with quick cooling comfort
- Ideal for sports, travel, first aid kits, and emergencies
- Trusted by medical professionals and sports teams across the UK
- Single use and disposable after use
- Remains cold for up to 30 minutes
- Contains Urea and Water

Compact Instant Ice Pack

- Ideal for treating minor injuries and smaller affected areas
- Compact and portable - perfect for keeping in a bag, car, or first aid kit
- Remains cold for up to 20 minutes

**best
seller**

**The UK's No.1
Instant Ice Pack**



Code	Description	Qty Per Case
ICE60	Original Instant Ice Pack - 12 x 29cm - 200gm	60
COM80	Compact Instant Ice Pack - 15 x 15cm - 120gm	80
RCOM24	Compact Instant Ice Pack - Pk 2	24

**These products are single use only

* Images are for demonstration purpose only, always wrap pack in a cloth or protective sleeve before use (See page 28 & 29 for our range of accessories).

Sport Instant Ice Pack

- Provides instant cold therapy for soft tissue injuries such as sprains, strains, and bruising
- Ideal for pitch-side treatment and on the go use
- Essential addition to any sports first aid kit for immediate relief and injury management
- Convenient, single-use, and hygienic - perfect for tournaments, matches and training sessions
- A reliable alternative to traditional ice when access to a freezer is limited
- Pack can remain cold for up to 30 minutes



Code	Description	Qty Per Case
SP40	Sport Instant Ice Pack - 15 x 23cm - 200gm	40

Instant Hot Pack

Instant Hot Packs provide effective relief from muscular aches, joint stiffness, and pain. Therapeutic heat helps relax muscles, improve circulation, and support recovery. Widely used across healthcare and clinical environments - including Phlebotomy departments, to warm the skin and aid blood vessel dilation before taking blood.

Instant Hot Pack

- Dual action heat therapy and pain relief
- Provides soothing warmth to ease muscular aches, joint stiffness, and general discomfort
- Therapeutic heat helps relax muscles, improve blood flow, and support natural healing
- Commonly used to help dilate blood vessels prior to venepuncture or injections, aiding comfort and efficiency during procedures
- Simple to activate, hygienic, and easily disposable after use - perfect for clinical and on-the-go applications
- Ideal for cold weather comfort and warmth
- Each pack stays warm for up to 40 minutes at room temperature, offering sustained relief
- Contains Sodium Acetate and Water



* Images are for demonstration purpose only, always wrap pack in a cloth or protective sleeve before use (See pages 28 & 29 for our range of accessories).

Code	Description	Qty Per Case
HOTM60	Instant Hot Pack - 15 x 15cm - 100 gm	60
HOT40	Instant Hot Pack - 15 x 23cm - 200 gm	40

**These products are single use only



Luxury Reusable Round - Oval Hot & Cold Pack

- Premium rounded/oval design delivers a stylish finish and even application for comfort and flexibility
- Round design fits perfectly around the knee, elbow, ankle, heel, or thumb for targeted relief
- Oval design ideal for use on the calf, knee, thigh, shoulder, or back
- Dual colour pack helps distinguish hot and cold sides for easy, safe use

Code	Description	Qty Per Case
LHCRD60	Luxury Reusable Hot & Cold Pack Round - 14.5cm Dia. - 115gm	60
LHCOV30	Luxury Reusable Hot & Cold Pack Oval - 12.5 x 25.5cm - 310gm	30



Reusable Hot & Cold Pack with Elasticated Strap & Cover

- Flexible gel design moulds easily to different body areas for effective hot or cold therapy
- Adjustable elasticated strap ensures a secure and comfortable fit on all body areas
- Generous 100cm strap length (fully extended) allows flexible, hands-free use
- Includes a non-woven cover to provide a soft barrier and help prevent skin irritation or burns
- Cover Size - 17.5 x 38cm



Code	Description	Qty Per Case
LHCSTR18	Reusable Hot & Cold Pack with Elasticated Strap & Cover - 14.5 x 37cm - 586gm	18

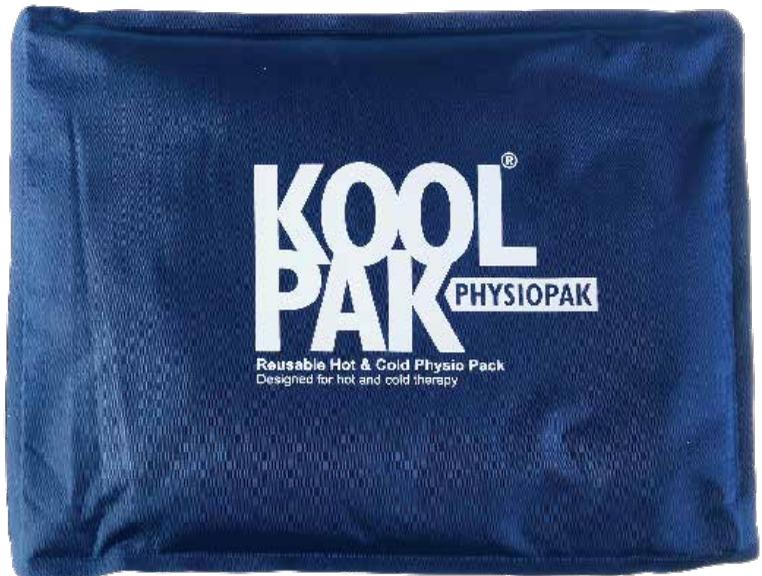
Reusable Hot & Cold Packs

Versatile therapy packs ideal for ongoing treatment of injuries at home or in clinical settings. Use cold to reduce pain and swelling in the early stages of an injury, and switch to heat later to promote blood flow, relieve muscle stiffness, and support recovery. Compatible with microwaves and freezers for convenient, repeated use.

Luxury Reusable Hot & Cold Pack

- Versatile pack can be used cold to reduce swelling or hot to relieve muscular aches, stiffness, and discomfort
- Ideal for soft tissue injuries, joint pain, strains, and general muscle soreness
- Flexible design allows the pack to conform to the shape of the body, ensuring maximum contact and comfort
- Simply reheat in a microwave or freeze for repeated use, making it a cost-effective and sustainable solution
- Maintains therapeutic heat or cold for up to 30 minutes to provide effective, sustained relief
- Contains Carbomer, Glycerol and Water

**best
seller**



new



RLHCMF24



RLHCM24

Code	Description	Qty Per Case
LHCS80	Luxury Reusable Hot & Cold Pack - 13 x 14cm - 120gm	80
LHCM30	Luxury Reusable Hot & Cold Pack - 12 x 29cm - 400gm	30
LHCPY8	Luxury Reusable Hot & Cold Physio Pack - 36 x 28cm - 1.6kg	8
RLHCM24	Reusable Hot & Cold Pack & Elasticated Holster - 12 x 29cm	24
RLHCMF24	Hot & Cold Gel Pack with Elasticated Compression Wrap and Cover	24

* Images are for demonstration purpose only, always wrap pack in a cloth or protective sleeve before use (See pages 28 & 29 for our range of accessories).



Reusable Hot & Cold Pack

- Reusable and durable - engineered for long-term use and repeated therapy sessions
- Clear see-through gel design for easy visibility and even heat distribution, helping to disperse heat pockets
- Easy to clean and store

Code	Description	Qty Per Case
HCS80	Reusable Hot & Cold Pack - 13 x 14cm - 120gm	80
HCM30	Reusable Hot & Cold Pack - 12 x 29cm - 400gm	30
HCL30	Reusable Hot & Cold Pack - 16 x 28cm - 400gm	30
HCPY8	Reusable Hot & Cold Pack - 28 x 36cm - 1.6kg	8



Elly the Elephant and Woopsadaisy Hot & Cold Gel Pack

- Child-friendly designs with bright colours and fun shapes to comfort and distract little ones
- Perfect for minor bumps, bruises, sprains, insect bites, and headaches
- Reusable and easy to clean - ideal for home, school, or on-the-go first aid
- Non-toxic and safe when used under adult supervision

Code	Description	Qty Per Case
ELL80	Elly the Elephant Hot & Cold Gel Pack - 11 x 12cm - 100gm	80
WOO80	Woopsadaisy Hot & Cold Gel Pack - 11 x 12cm - 100gm	80

Reusable Neck Hot & Cold Gel Pack

- Curved ergonomic design contours snugly around the neck and shoulders for targeted hot or cold relief
- Versatile use helps alleviate neck stiffness, tension headaches, muscle soreness, arthritis pain, and everyday aches
- Flexible even when cold to conform closely to your body without rigid pressure



Code	Description	Qty Per Case
HCNECK10	Hot & Cold Pack - 20 x 60cm - Neck - 900gm	10

Reusable Back Hot & Cold Gel Pack

- Contoured design conforms to the natural curve of the back for effective, comfortable relief
- Helps soothe back pain, muscle strains, sports injuries, arthritis, and everyday aches
- Also available with a Neoprene Wrap to hold the pack in place
- Neoprene Wrap Size - 23 x 117cm



Code	Description	Qty Per Case
HCKBACK20	Hot & Cold Pack - 19.5 x 32cm - Back - 385gm	20
HCKBN20	Hot & Cold Pack - 19.5 x 32cm - Back with Neoprene Wrap - 385gm	20

Reusable Head Hot & Cold Gel Pack

- Ideal for headaches, migraines, sinus pain, fever, and stress tension
- Moulds comfortably to the forehead, temples, or scalp for targeted relief
- Helps to promote relaxation
- Perfect for staying cool in hot weather
- Supplied with a neoprene wrap designed to fit securely and comfortably around the head
- Neoprene Wrap Size - 20 x 68cm



Code	Description	Qty Per Case
HCHDN20	Hot & Cold Pack - 15 X 58cm - Head with Neoprene Wrap - 590gm	20

new



Reusable Shoulder Hot & Cold Gel Pack

- Provides targeted relief for shoulder pain, strains, and swelling
- Ideal for sports injuries, arthritis, and post-surgery recovery
- Ergonomic design contours to the shoulder for maximum comfort
- Comes with a neoprene shoulder sleeve with an adjustable strap to keep the pack securely in place
- Sleeve Size:
 - Fits to Arm circumference up to 16"
 - Fits to Chest circumference up to 46"

Code	Description	Qty Per Case
HCSHLD8	Shoulder Hot & Cold Pack - 26 x 24cm - 550gm	8

new



Reusable Wrist Hot & Cold Gel Pack

- Provides targeted relief for wrist pain, sprains, and swelling
- Great for soothing repetitive strain injuries (RSI) or tendonitis
- Reduces inflammation and promotes faster recovery after injury or overuse
- Soft fabric backing for additional patient comfort
- Adjustable straps ensure a secure and snug fit
- Use on either wrist



Code	Description	Qty Per Case
HCWRST30	Wrist Hot & Cold Pack - 10 x 51cm - 320gm - Pk 30	30

new



Reusable Breast Hot & Cold Gel Pack

- Soothing hot or cold therapy for breastfeeding mothers
- Provides soothing relief for breast tenderness, swelling, and discomfort
- Use hot to help relieve blocked ducts and mastitis
- Provides cooling relief for pain and swelling due to engorgement
- Warm therapy promotes milk flow and eases let-down
- Soft, flexible design comfortably fits around the breast
- Qty 2pcs



Code	Description	Qty Per Case
HCBRST20	Breast Hot & Cold Pack - 18 x 21cm - 150gm - Pk 2	20

Reusable Ankle Hot & Cold Gel Pack

- Provides targeted relief for ankle pain, sprains, and swelling
- Great for treating a twisted ankle or soft tissue injury
- Reduces inflammation and promotes recovery after injuries or workouts
- Ergonomic wrap design fits comfortably around the ankle
- Adjustable strap to secure the pack to the ankle



Code	Description	Qty Per Case
HCANK30	Ankle Hot & Cold Pack - 17.5 x 32cm - 320gm	30

Reusable Knee Hot & Cold Gel Pack

- Provides targeted relief for knee pain, sprains, and swelling
- Ideal for sports injuries, arthritis, and post-surgery recovery
- Reduces inflammation and promotes faster healing after activity or strain
- Soft fabric backing adds comfort and prevents skin irritation
- Ergonomic wrap design contours comfortably around the knee
- Adjustable straps ensure a secure, hands-free fit



Code	Description	Qty Per Case
HCKNE12	Knee Hot & Cold Pack - 26 x 55cm - 320gm	12

Reusable Flexible Cold Gel Pack

- Flexible cold therapy treatment
- Perfect for treating a wide range of minor injuries
- Helps reduce swelling and inflammation
- Suitable for use on multiple body parts
- Includes adjustable fasteners to secure pack to injured area*
- Soft fabric backing for patient comfort*
- Durable, double stitched seam, to prevent leakage
- Reusable

* where applicable



Code	Description	Qty Per Case
FLCPM16	Flexible Cold Gel Pack - 19 x 29cm - 500gm	16
FLCPL8	Flexible Cold Gel Pack - 27 x 37cm - 1.1kg	8
FLCPXL6	Flexible Cold Gel Pack - 33 x 55cm - 2kg	6
FLCPN8	Flexible Cold Gel Pack - 20 x 60cm - Neck - 900gm	8

Reusable Hot & Cold Sleeve

- Hot & Cold Therapy Compression
- Flexible 360° treatment
- Perfect for treating a wide range of minor injuries
- Use hot for relief from muscular pain and joint stiffness
- Use cold to reduce swelling and inflammation
- Immediate slip-on treatment
- Suitable for use on multiple body parts
- Reusable

new



Code	Description	Qty Per Case
HCGSS20	Hot & Cold Gel Sleeve - 9 x 22cm - 330gm	20
HCGSM20	Hot & Cold Gel Sleeve - 11 x 25cm - 470gm	20
HCGSL20	Hot & Cold Gel Sleeve - 16 x 25cm - 685gm	20

Reusable Hot & Cold Shoulder Gel Sleeve

- Designed to contour perfectly around the shoulder for full coverage relief
- Perfect for treating minor shoulder injuries
- Use hot for relief from muscular pain and joint stiffness
- Use cold to reduce swelling and inflammation
- Slip-on sleeve stays securely in place, allowing full mobility during recovery
- Sleeve Size:
 - Fits to Arm circumference up to 16"
 - Fits to Chest circumference up to 54"

new



Code	Description	Qty Per Pack
HCGSH14	Hot & Cold Shoulder Gel Sleeve - 41 x 33cm - 930gm	14

Reusable Hot & Cold Gel Cap

- Provides soothing relief for headaches, migraines, and sinus pressure
- Gentle cooling or warming therapy helps reduce tension, puffiness, and eye fatigue
- 360° flexible gel coverage delivers even hot or cold therapy around the entire head
- Soft, stretchable fabric ensures a comfortable and secure fit for most head sizes
- Blocks out light to enhance relaxation and recovery during use

new



Code	Description	Qty Per Pack
HCGC18	Hot & Cold Gel Cap - 15 x 38cm - 620gm	18

Reusable Moist Heat Pack

The Moist Heat Pack can transfer heat deeper and quicker to the injured area to increase blood flow to help speed up recovery. Its soft fabric material conforms perfectly to the body for enhanced patient comfort.



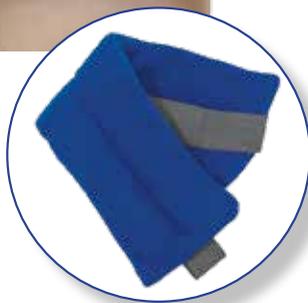
Reusable Moist Heat Pack

- Encourages enhanced blood flow to the treated area to support the healing process
- When warmed in the microwave, delivers comforting, therapeutic moist heat
- Particularly effective for easing muscle spasms and tension caused by strain
- Moist heat penetrates deeper and faster than ordinary dry-heat solutions
- Soft fabric cover gently contours to the body for comfortable, focused relief
- Contains silica beads for efficient heat retention and distribution

Code	Description	Qty Per Case
MHPS48	Reusable Moist Heat Pack - 15 x 15cm - 265gm	48
MHPM36	Reusable Moist Heat Pack - 12 x 29cm - 350gm	36



new



Moist Heat Wrap with Elasticated Strap

- Ideal for neck, shoulders, back, abdominal discomfort or headaches
- Adjustable elasticated strap allows secure, hands-free positioning, ideal for use while relaxing or working



Code	Description	Qty Per Case
MHWR12	Moist Heat Wrap - 13 x 45cm - 910gm	12

Kool Spray

The refreshing Kool Spray aides in soothing muscular discomfort and joint aches by cooling the skin. Ideal to be used after sport or exercise.

Kool Spray

- Provides instant cooling comfort immediately on spraying the skin
- Helps soothe muscle aches, minor strains and tension
- A quick, convenient alternative to traditional ice packs
- Easy-to-use aerosol, allows targeted application, ensuring controlled cooling exactly where it's needed
- Suitable for use during or immediately after physical activity.
- Ideal for delivering cooling relief for insect bites and stings
- Perfect addition to a sports bags or first aid kit

Code	Description	Qty Per Case
FS12	Kool Spray - 150ml	12
FSL12	Kool Spray - 400ml	12



Ice Bags

Ice Bags are a fast and effective cold therapy treatment designed to provide immediate treatment. They conform to the area of the body to provide superior cold compression to reduce pain and swelling, improving recovery time.

Ice Bags

- Immediate cold compression following an injury can significantly assist faster recovery times
- Pleated fabric design allows the bag to conform smoothly to the body's contours for improved comfort and contact
- Simply fill the durable bag with ice cubes or ice-cold water and apply to the affected area to boost recovery
- Reusable and cost-effective - easy to use on any body part
- Also available with a neoprene support wrap, to hold the ice bag firmly in place during treatment

Code	Description	Qty Per Case
ICEB1/10	Ice Bag Small - 20cm	10
ICEB2/10	Ice Bag Medium - 25cm	10
ICEB3/10	Ice Bag Large - 30cm	10
RICEWR16	Ice Bag & Neoprene Wrap - 20.5 x 75.5cm	16



Elasticated Cold Wrap

The Elasticated Cold Wrap combines cooling with targeted compression which can assist with recovery. The wrap can help reduce discomfort and swelling to the affected area. The wrap is lightweight, easy to apply and doesn't restrict movement.



Elasticated Cold Wrap

- Formulated to deliver immediate cooling relief and targeted compression - ideal for the treatment of bruises, sprains, muscle or tendon inflammation
- The combined effect of cold and compression helps manage discomfort while restricting excessive swelling around the injured area, promoting faster recovery
- Ultra-stretchy, body-conforming material wraps easily around joints, limbs or torsos - offering a simpler, more adaptable alternative to bulky ice packs
- Designed for practicality: simply cut to the required length, reseal the remaining bandage in its airtight pouch, and remain ready for your next use
- Delivers sustained cooling effect for up to 2 hours
- Single use



Code	Description	Qty Per Case
KOOLB48	Elasticated Cold Wrap - 7.5cm x 2m	48

**These products are single use only

KOOL[®] PAK + SPORT FIRST AID

Quality products that make
Koolpak the professionals' choice



OVER 30 YEARS OF TRUSTED RECOVERY INNOVATION

For more than three decades, Koolpak has supported the football community with reliable Hot & Cold Therapy and First Aid solutions. From grassroots teams to elite clubs, professionals trust our products to keep players performing at their best.



When injuries happen, fast and effective treatment is crucial. That's why the Koolpak Sports Injury and First Aid range is engineered to accelerate recovery and get players back in the game.

Koolpak Cold Recovery Pack

The ultimate solution for cooling comfort and post-activity recovery

new

We're excited to introduce the Koolpak Cold Recovery Pack - the latest innovation in our trusted range of Hot & Cold Therapy products. Designed to provide long-lasting cooling relief, this reusable pack helps your customers recover, refresh, and feel their best.

- **Perfect to help cool down after exercise** – ideal for post-workout recovery and performance maintenance
- **Instant cooling relief** - soothes muscles and joints after activity or injury
- **Cools the body after heat exposure** - great for use in hot environments or after sun exposure
- **Comforting menopause relief** - provides a soothing, cooling sensation for temperature regulation
- **Remains cold for up to 5 hours** - ensuring long-lasting relief and convenience
- **Includes an Elasticated Holster** - for comfortable, targeted recovery on the go
- **Reusable** - an eco-friendly, cost-effective solution for repeated use
- **Cool down. Recover faster. Feel refreshed.**
- Discover the new **Koolpak Cold Recovery Pack** - the smart choice for cooling therapy and everyday comfort.
- Pack size - 12 x 89cm



Code	Description	Qty Per Carton
COLDRP36	Cold recovery Pack - 11.5 x 89 cm - 180gm	36

For further information on the new products or to place an order, please contact our sales team on sales@koolpak.co.uk or 0800 1804285

Cooling Towel

- Instant cooling effect for immediate relief
- Perfect for sports, gym sessions, outdoor work, travel, and general heat relief
- Versatile use - wear around the neck or place on the head for targeted cooling
- Easy to activate - simply soak in cold water, wring out, and wear
- Reactivates instantly - just re-soak to restore the cooling effect
- Microfibre material stays cool for up to 2 hours (depending on conditions)
- Includes waterproof zip pouch with a carabiner clip for attaching to a belt or sports bag



new



Neck Cooling Ring

- Instant, refreshing cooling relief
- Help you cool down after exercise or in hot conditions
- Versatile and multipurpose – ideal for use at work, outdoors, travelling or after sport
- Flexible ring design contours naturally to the neck for a comfortable, secure fit
- Recharges naturally in cool air or quickly in the fridge or freezer
- Up to 2 hours of continuous cooling relief

new



Code	Description	Qty Per Case
NECKR60	Neck Cooling Ring - 19 x 16.5cm - 150gm	60

Heat & Cooling Patches

The Heat and Cooling Patches provide powerful dual action heat or cooling therapy and pain relief. The direct to skin application provides up to 8 hours of continuous treatment.



Heat Patch

- Dual-action heat therapy and pain relief - delivers gentle, therapeutic warmth to help ease aches, strains, and stiffness
- Promotes deep muscle relaxation and improved circulation - heat penetrates to soothe tight or sore muscles
- Suitable for multiple areas - ideal for the neck, back, shoulders, arms, thighs, or calves
- Secure adhesive backing keeps the patch comfortably in place on the targeted area
- Provides up to 8 hours of continuous soothing warmth
- Designed for direct-to-skin application for effective heat transfer

Code	Description	Qty Per Case
HEATP24	Heat Patch - 13 x 9.5cm - Pk 4	24



Cooling Patch

- Instant cooling and pain relief - provides fast-acting relief for muscular strains, sprains, aches and pains
- Effective for soft-tissue injuries and everyday aches - suitable for post-exercise recovery or general muscular discomfort
- Suitable for multiple application areas - perfect for the neck, back, shoulders, arms, knees, or legs
- Secure adhesive design - patch stays comfortably in place with out moving
- Up to 8 hours of continuous cooling comfort – long lasting relief with no refrigeration required

Code	Description	Qty Per Case
KOOLP36	Cooling Patch - 13 x 9.5cm - Pk 4	36



Migraine Cooling Patch

- Instant cooling comfort - delivers gentle, soothing relief for migraines, headaches and tension
- Soft hydrogel patch - provides a calming cooling sensation on the forehead or temples
- Non-medicated and skin-friendly - suitable for sensitive skin and safe for frequent use
- Ideal for targeted migraine relief - perfect for use at home, at work or while travelling
- Flexible, comfortable fit - contours easily to the forehead or side of the head
- Long lasting cooling effect - helps ease pressure and promote relaxation

Code	Description	Qty Per Case
MIGR48	Migraine Cooling Patch - 12 x 5cm - Pk 4	48

**These products are single use only

Warmers

Our range of Hand, Foot and Body Warmers delivers reliable, comforting heat to keep you warm throughout the day. Whether you're on a cold commute, enjoying the outdoors, or simply relaxing at home, Koolpak Warmers provide a quick, portable solution to stay cosy and protected from the cold. Air-activated and ready within minutes, they offer long-lasting warmth whenever you need it.

Hand Warmer

- Provides instant heat to keep hands warm and comfortable in cold environments
- Ideal for a wide range of cold-weather activities, from outdoor adventures to everyday use
- Compact and portable design, easy to carry in pockets, bags, or gloves



Code	Description	Qty Per Case
HAND160	Hand Warmer - 9.5 x 5.5cm - Pk 2	160

Foot Warmer

- Provides long-lasting heat to keep feet warm and comfortable
- Helps maintain circulation and reduce discomfort in cold conditions
- Slim, low-profile design fits easily inside most footwear



Code	Description	Qty Per Case
FOOT160	Foot Warmer - 9.5 x 7cm - Pk 2	160

Body Warmer

- Provides gentle, soothing warmth for people who feel the cold easily
- Ideal for easing muscular tension and relieving everyday aches caused by cold weather
- Easy-to-apply adhesive design, keeps the warmer securely in place on clothing



Code	Description	Qty Per Case
BODY120	Body Warmer - 9.5cm x 13cm - Pk 1	120

Introducing the **NEW THERMPAK Warmer & Heat Patch Range**
 Practical and easy to use, ThermPak offers fast, soothing heat therapy whenever and wherever you need it. From wide coverage warmth with our XL Warmer to targeted relief for the neck, shoulders, lower back and period pain, the range delivers dual-action heat and comforting support for everyday aches, tension and cold-weather discomfort. Air-activated, long-lasting and simple to apply, each product is designed to keep you warm, relaxed and moving comfortably throughout the day.

new



ThermPak XL Warmer

- Ideal for keeping hands warm in cold environments or during extended outdoor activities
- Generous size fits comfortably in pockets or gloves for broad, effective warmth
- Air-activated and easy to use, providing heat within minutes
- Offers up to 20 hours of warming relief, designed for all-day comfort and soothing heat

Code	Description	Qty Per Case
XLWARM120	ThermPak XL Warmer - 10cm x 13cm	120

ThermPak Neck & Shoulder Heat Patch

- Dual-action heat therapy for effective pain relief
- Provides soothing warmth to ease neck and shoulder aches, tension and stiffness.
- Designed to contour comfortably around the neck and shoulders for targeted, soothing warmth
- Adhesive design keeps the patch securely in position while allowing comfortable movement
- Each pack contains 4 heat patches for convenient, repeated use



Code	Description	Qty Per Case
NSWAR36	ThermPak Neck & Shoulder Heat Patch - 29.5 x 9cm - Pk 4	36

ThermPak Period Pain Heat Patch

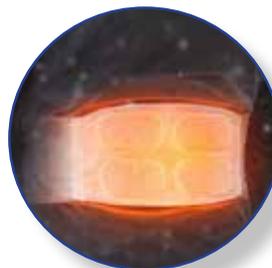
- Provides fast, soothing relief from period pain and menstrual cramps
- Gentle, long-lasting warmth helps relax muscles and ease tension throughout the day
- Discreet and comfortable to wear under clothing for on-the-go comfort
- Designed for direct-to-skin application for targeted, effective warmth
- Each pack contains 3 heat patches for convenient use throughout your cycle



Code	Description	Qty Per Case
PPHP36	ThermPak Period Pain Heat Patch - 20 x 10cm - Pk 3	36

ThermPak Heat Wrap

- Provides soothing, targeted relief for lower back pain, muscle tension and stiffness
- Ideal for everyday comfort and added warmth during cold weather
- Long-lasting heat therapy helps relax tight muscles and promote ease of movement
- One size fits all wrap designed for a comfortable, secure fit throughout the day
- Each pack contains 3 heat wraps for repeated use



Code	Description	Qty Per Case
HEATWR24	ThermPak Heat Wrap - 28.5 x 14cm - Pk 3	24



Ankle Support

- Ideal for supporting weak or sprained ankles
- Stabilises the ankle and controls movement
- Reduces pain caused by arthritis and achilles tendonitis
- Integrated silicone gel cushions support the ankle joint
- Reinforced cuff helps prevent slippage
- Contoured design ensures superior compressive fit

Code	Description	Size	Qty
ANKS	Ankle Compression Support - Size S	19 - 21cm	1
ANKM	Ankle Compression Support - Size M	21 - 23cm	1
ANKL	Ankle Compression Support - Size L	23 - 25cm	1
ANKXL	Ankle Compression Support - Size XL	25 - 27cm	1



Elbow Support

- Helps relieve elbow arthritis and the symptoms of tennis elbow
- Provides compression support which helps increase blood flow circulation
- Improves movement of the elbow
- Soft knitted fabric ensures comfort and joint flexibility
- Reinforced cuff to help prevent slippage

Code	Description	Size	Qty
ELBS	Elbow Compression Support - Size S	24 - 26cm	1
ELBM	Elbow Compression Support - Size M	26 - 28cm	1
ELBL	Elbow Compression Support - Size L	28 - 30cm	1
ELBXL	Elbow Compression Support - Size XL	30 - 32cm	1



Back Support

- Strengthens the centre of the body through compression
- Helps improve posture and reduce back pain
- Supports and stabilises an injured, weak or arthritic back
- Detachable silicone gel cushion helps support the small of the back
- Stabilising rods provide additional lumbar support
- Adjustable straps for customised compression

Code	Description	Size	Qty
BCKML	Back Compression Support - Size M - L	80 - 98cm	1
BCKXL	Back Compression Support - Size XL - XLL	98 - 116cm	1

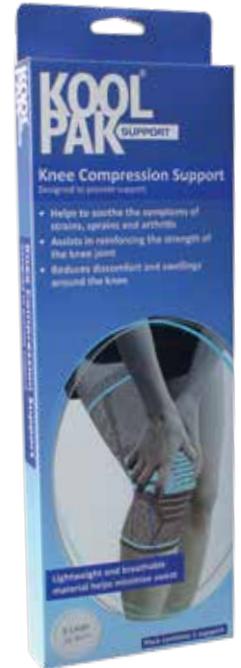
* Size - circumference of joint

Compression Support Range

The multi-directional knitted fabric provides flexible compressive support which aids in the recovery and rehabilitation from injury. The special weaving technique used in the design of the supports, enables air to flow through the material to regulate heat and minimise sweat. Helps minimise pain and swelling, and stimulates blood flow to the injured area to promote healing.

Knee Support

- Helps to relieve symptoms of strains, sprains and arthritis
- Protects and reinforces the strength of the knee joint
- Perfect to help reduce pain and swellings around the knee
- Integrated silicone gel cushion supports the patella
- Spiral stabilising rods provide targeted, flexible support
- Contoured design ensures superior compressive fit



Code	Description	Size	Qty
KNES	Knee Compression Support - Size S	33.5 - 37cm	1
KNEM	Knee Compression Support - Size M	37 - 40.5cm	1
KNEL	Knee Compression Support - Size L	40.5 - 44cm	1
KNEXL	Knee Compression Support - Size XL	44 - 48cm	1

Wrist Support

- Perfect to support weak, inflamed or injured wrists
- Reduces strain caused by repetitive movements at the wrist
- Relieves and stabilises using targeted pressure
- Integrated silicone gel cushion supports the wrist joint
- Removable splint provides rigid, stabilised support
- Adjustable strap for customised compression



Code	Description	Size	Qty
WRIS-L	Wrist Compression Support - Size S - Left	13 - 15cm	1
WRIM-L	Wrist Compression Support - Size M - Left	15 - 17cm	1
WRIL-L	Wrist Compression Support - Size L - Left	17 - 19cm	1
WRIXL-L	Wrist Compression Support - Size XL - Left	19 - 21cm	1

Code	Description	Size	Qty
WRIM-R	Wrist Compression Support - Size M - Right	15 - 17cm	1
WRIL-R	Wrist Compression Support - Size L - Right	17 - 19cm	1
WRIXL-R	Wrist Compression Support - Size XL - Right	19 - 21cm	1



Ice Bag Wrap

- Designed to assist with the delivery of cold therapy
- Simply attach the ice bag to the neoprene wrap and place on the injured area
- Very effective and efficient way of combining cooling and compression
- Compatible with all Koolpak Ice Bags

Code	Description	Qty Per Pack
ICEWRAP10	Ice Bag Wrap - 20.5 x 75.5cm	10



Sports Wrap

- Helps to attach ice packs to soft tissue injuries
- Aids with accelerated recovery from injury
- Easy to apply - film sticks to itself
- Can be used on any part of the body

Code	Description	Qty Per Pack
SW	Sports Wrap & Handle	1
SWR	Sports Wrap Refill - 10cm x 150cm	2



Neoprene Support Wraps

- A very effective way of combining hot or cold therapy with compression
- Helps with the treatment of soft tissue injuries to reduce swelling
- A hot or cold pack can be inserted inside the support to help treat the injured area
- The support can be attached to the body using the attachments

Code	Description	Qty Per Pack
NEOSM10	Neoprene Support Wrap Small - 20 x 42cm	10
NEOLG10	Neoprene Support Wrap Large - 31 x 58cm	10

Accessories

We have a range of accessories designed to help assist with the recovery from injury. The covers and holsters work as a barrier between the skin and the hot or cold pack, to prevent a skin burn. The holsters and wraps are perfect to secure the pack to the injured area, which helps to speed up recovery times.

Hot & Cold Pack Covers

- Recommended whenever using hot or cold packs directly to the skin
- Prevents any cross contamination
- Reduces risk of heat or freeze burns
- Made from non-woven material
- Comes in 2 sizes to fit small and medium sized hot or cold packs

Code	Description	Qty Per Pack
COVS50	Hot & Cold Pack Cover - 16 x 16.5cm	50
COVM50	Hot & Cold Pack Cover - 15.5 x 30cm	50



Elasticated Holster

- Provides compression with hot or cold therapy
- Helps ease swelling and improve recovery times
- Soft, comfortable fabric backing for maximum user comfort
- Can be used with either a hot or cold pack



Code	Description	Qty Per Pack
HOL10	Elasticated Holster - 14 x 31cm (65cm fully extended)	10

Luxury Elasticated Holster

- Thicker, luxurious durable material helps prolong the effectiveness of the hot & cold pack
- Larger elasticated strap extends further than the standard holster and provides better support
- Pouch attaches around the injured area with velcro fastening to help keep pack in place for effective treatment
- Available in 2 sizes

Code	Description	Qty Per Pack
LUXHOLS10	Luxury Elasticated Holster - 16 x 15.5cm (35cm fully extended)	10
LUXHOL10	Luxury Elasticated Holster - 14 x 31cm (85cm fully extended)	10



Sports First Aid Kits

Koolpak offers a comprehensive range of sports first aid kits designed to support teams across all sports. Each kit includes the essential items needed to treat minor injuries quickly and effectively during training or match play. Supplied in high-quality, waterproof medical bags, our kits feature spacious interiors for easy organisation, along with durable handles or shoulder straps for convenient transport.

Astroturf First Aid Kit

- Designed specifically for team sports played on artificial surfaces
- The kit contains first aid items used to treat minor injuries and burns such as an Instant Ice Pack, Burns Gel Sachets and a Kool Spray
- Recommended for use by football, hockey and netball teams
- Supplied in a hard-wearing water-resistant touchline bag with ample room to store first aid supplies
- Bag size -39 x 28 x 19cm



Astroturf First Aid Kit	Qty
Alcohol Free Cleansing Wipes	10
Burns Gel Sachet 3.5ml	10
Conforming Bandage 7.5cm x 4m	1
Crepe Bandage 5cm x 4.5m	2
Crepe Bandage 7.5cm x 4.5m	1
First Aid Guidance Leaflet	1
Foil Blanket	1
Gauze Swabs	5
Instant Ice Pack	2
Kool Spray 150ml	1
Low Adherent Dressing 5cm x 5cm	1
Low Adherent Dressing 10cm x 10cm	1
Microporous Dressing Tape 1.25 x 5m	1
Washproof Plasters - Assorted Sizes	20
Resuscitation Face Shield	1
Safety Pins	6
Scissors	1
Self Seal Waste Bags	2
Sterile Dressing Medium	1
Sterile Dressing Large	1
Sterile Eye Pad	1
Triangular Bandage	2
Vinyl Gloves Powder Free Large (1 Pair)	2
Zinc Oxide Tape 2.5cm x 5m	1
Zinc Oxide Tape 5cm x 5m	1
Touchline Bag	1
77pcs	

Code	Description	Qty
KA	Astroturf First Aid Kit	1
KAR	Astroturf First Aid Kit Refill	1

Advanced Team Sports First Aid Kit

- This kit meets the minimum requirements of the FA Basic First Aid for Sport contents list
- The contents include Eyewash, Hand Gel, Instant Ice Packs, Bandages and Sterile Dressings
- Ideal for pitch side first aid care
- Supplied in a robust waterproof medical bag with spacious interiors and a sturdy handle and shoulder strap
- Bag size - 39 x 28 x 19cm



Advanced Team Sports First Aid Kit	Qty
Alcohol Free Cleansing Wipes	10
Crepe Bandage 5cm x 4.5m	2
Crepe Bandage 7.5cm x 4.5m	2
Crepe Bandage 10cm x 4.5m	2
Eyewash Bottle 500ml	2
Eyewash Pods 20ml	2
First Aid Guidance Leaflet	1
Foil Blanket	1
Gauze Swabs	5
Hand Sanitising Gel 50ml	1
Instant Ice Pack	2
Washproof Plasters - Assorted Sizes	20
Resuscitation Face Shield	1
Scissors - Tuff Cut	1
Self Seal Waste Bags	2
Sterile Dressing Medium	2
Sterile Dressing Large	6
Sterile Eye Pad	2
Triangular Bandage	4
Vinyl Gloves Powder Free Large (1 Pair)	4
Zinc Oxide Tape 2.5cm x 5m	1
Touchline Bag	1
74pcs	

Code	Description	Qty
KFA	Advanced Team Sports First Aid Kit	1
KFAR	Advanced Team Sports First Aid Kit Refill	1

Team Sports First Aid Kit

- This first aid kit is ideal for any sports team playing at any level
- The bag comes complete with all the first aid contents needed to treat minor injuries
- Ideal for use by anyone with minimal First Aid knowledge
- Contents include - Crepe Bandages, Sterile Dressings, Plasters, Gloves and Ice Packs
- Supplied in a quality, water-resistant touchline bag which has ample space to carry all your medical supplies
- Approved by County Football Associations throughout the UK
- Endorsed by the Rugby Football League governing body the RFL
- Our Best Selling Sports First Aid Kit
- Bag size - 39 x 28 x 19cm



Team Sports First Aid Kit	Qty
Alcohol Free Cleansing Wipes	10
Conforming Bandage 7.5cm x 4m	1
Crepe Bandage 5cm x 4.5m	2
Crepe Bandage 7.5cm x 4.5m	1
First Aid Guidance Leaflet	1
Foil Blanket	1
Gauze Swabs	5
Low Adherent Dressing 5cm x 5cm	1
Low Adherent Dressing 10cm x 10cm	1
Microporous Dressing - Tape 1.25 x 5m	1
Washproof Plasters - Assorted Sizes	20
Resuscitation Face Shield	1
Safety Pins	6
Scissors	1
Self Seal Waste Bags	2
Instant Ice Pack	2
Sterile Dressing Medium	1
Sterile Dressing Large	1
Sterile Eye Pad	1
Triangular Bandage	2
Vinyl Gloves Powder Free Large (1 Pair)	2
Zinc Oxide Tape 2.5cm x 5m	1
Zinc Oxide Tape 5cm x 5m	1
Touchline Bag	1
66pcs	

Code	Description	Qty
KF	Team Sports First Aid Kit	1
KFR	Team Sports First Aid Kit Refill	1

Multipurpose Sports First Aid Kit

- Ideal for large sports clubs or schools
- Includes a greater amount of first aid products compared to our other kits
- Contents include Adhesive Wound Dressings, Fabric & Waterproof Plasters, Sterile Dressings and Vinyl Gloves
- Supplied in a touchline bag which is very spacious and of high quality
- Bag features specially designed compartments to keep essential items secure and ready for use
- Bag size - 39 x 28 x 19cm



Multi Purpose Sports First Aid Kit	Qty
Adhesive Wound Dressing 6 x 7cm	2
Adhesive Wound Dressing 8.6 x 6cm	2
Alcohol Free Cleansing Wipes	10
Cohesive Bandage 5 x 4.5m	1
Crepe Bandage 5.5 x 4.5m	1
Crepe Bandage 7.5 x 4.5m	1
First Aid Guidance Leaflet	1
Foil Blanket	2
Microporous Dressing Tape 1.25cm x 5m	1
Fabric Plasters - Assorted Sizes	20
Waterproof Plasters - Assorted Sizes	20
Resuscitation Face Shield	1
Safety Pins	12
Scissors	1
Self Seal Waste Bags	3
Instant Ice Pack	4
Sterile Dressing Medium	2
Sterile Dressing Large	2
Sterile Dressing Extra Large	2
Sterile Eye Pad	2
Triangular Bandage	3
Vinyl Gloves Powder Free Large (1 Pair)	5
Wound Closure Strip 3 x 7.5mm Pk 5	2
Touchline Bag	1
103pcs	

Code	Description	Qty
KMP	Multipurpose Sports First Aid Kit	1
KMPR	Multipurpose Sports First Aid Kit Refill	1

Handy Sports First Aid Kit

- This compact kit has been designed specifically for personal use
- Contents include Sterile Dressings, Crepe Bandages and a Resuscitation Face Shield
- Supplied in a small compact bag which makes it ideal to be kept in a kit bag
- The bag is waterproof and has a wipe clean interior
- Bag size - 22 x 21 x 10cm



Handy Sports First Aid Kit	Qty
Alcohol Free Cleansing Wipes	10
Conforming Bandage 7.5cm x 4m	1
Crepe Bandage 5cm x 4.5m	1
First Aid Guidance Leaflet	1
Microporous Dressing Tape 1.25cm x 5m	1
Resuscitation Face Shield	1
Safety Pins	6
Instant Ice Pack	2
Sterile Dressing Medium	1
Sterile Dressing Large	1
Vinyl Gloves Powder Free Large (1 Pair)	2
Grab Bag	1
28pcs	

Code	Description	Qty
FAK	Handy Sports First Aid Kit	1

Bumbag Sports First Aid Kit	Qty
Alcohol Free Cleansing Wipes	10
Conforming Bandage 7.5cm x 4m	1
Crepe Bandage 5cm x 4.5m	2
Crepe Bandage 7.5cm x 4.5m	1
First Aid Guidance Leaflet	1
Foil Blanket	1
Gauze Swabs	5
Low Adherent Dressing 5cm x 5cm	1
Low Adherent Dressing 10cm x 10cm	1
Microporous Dressing Tape 1.25 x 5m	1
Washproof Plasters - Assorted Sizes	20
Resuscitation Face Shield	1
Safety Pins	6
Scissors	1
Self Seal Waste Bags	2
Instant Ice Pack	2
Sterile Dressing Medium	1
Sterile Dressing Large	1
Sterile Eye Pad	1
Triangular Bandage	2
Vinyl Gloves Powder Free Large (1 Pair)	2
Zinc Oxide Tape 2.5cm x 5m	1
Zinc Oxide Tape 5cm x 5m	1
Physio Bum Bag	1
66pcs	

Bum Bag Sports First Aid Kit

- First aid kit is ideal for immediate use during any sporting activity
- The kit comes complete with all the first aid contents needed to treat minor injuries such as Crepe Bandages, Zinc Oxide Tape and Low Adherent Dressings
- Attaches around the waist using the adjustable waist strap for hands-free patient care
- Supplied in a quality waterproof Bum Bag which has ample space to carry medical supplies
- Bag size - 60 x 19 x 6cm



Code	Description	Qty
KBB	Bum Bag Sports First Aid Kit	1
KBBR	Bum Bag Sports First Aid Kit Refill	1

Junior Sports First Aid Kit

- The Junior Sports Kit is ideal for children's sports teams or school playgrounds
- This kit includes an Instant Cold Pack, Adhesive Wound Dressings and Eyewash Pods
- Supplied in a quality Bum Bag with an adjustable strap to fit around the waist
- The bag is water-resistant and easy to keep clean
- Bag size - 60 x 19 x 6cm

Junior Sports First Aid Kit	Qty
Adhesive Wound Dressing 6cm x 7cm	2
Alcohol Free Cleansing Wipes	6
Crepe Bandage 5cm x 4.5m	1
Elasticate Cold Bandage 8cm x 2m	1
First Aid Guidance Leaflet	1
Foil Blanket	1
Instant Ice Pack	2
Plasters Washproof	20
Safety Pins	6
Scissors	1
Sterile Eyewash Pods 20ml	5
Sterile Dressing Medium	1
Physio Bum Bag	1
48pcs	



Code	Description	Qty
KJUN	Junior Sports First Aid Kit	1
KJUNR	Junior Sports First Aid Kit Refill	1

First Response First Aid Kit

- This easy to carry kit enables the first aider to take the kit directly to the casualty and provides easy access to all first aid essentials
- Kit includes Eyewash, Plasters, Sterile Dressings and Alcohol Free Cleansing Wipes
- Opens out flat to ensure easy access to contents when time is of the essence
- Contents are held securely in place with elasticated loops to protect supplies when on the move
- Bag has ample room for additional products should they be required
- Water-resistant bag with double zip closure and adjustable, nylon shoulder strap
- Bag size - 35 x 35 x 8cm



First Response First Aid Kit	Qty
Alcohol Free Cleansing Wipes	10
Burns Gel Sachet 3.5ml	3
Eyewash Bottle 500ml	1
Eyewash Pods 20ml	5
First Aid Guidance Leaflet	1
Foil Blanket	1
Instant Ice Pack	2
Latex Gloves Powder Free Medium (1 Pair)	2
Microporous Dressing Tape 2.5cm x 10m	1
Fabric Plasters - Assorted Sizes	20
Washproof Plasters - Assorted Sizes	20
Resusci Aid	2
Safety Pins	12
Scissors Tufcut	1
Self Seal Waste Bags	3
Sterile Dressing Medium	6
Sterile Dressing Large	3
Sterile Eye Pad	2
Triangular Bandage	4
First Responders Bag	1
	100pcs

Code	Description	Qty
FRFAK	First Response First Aid Kit	1
FRFAKR	First Response First Aid Kit Refill	1

KoolKids First Aid Kit

- Handy sized kit is ideal for days out with the family and has all the essential items just in case you have any little accidents
- Contents include Children's Plasters, Instant Cold Pack and Burn Relieving Gels which help put a smile back on a child's face
- Small compact pouch comes with a carry handle and is ideal to be kept in a bag or cupboard
- The pouch is waterproof and has a wipe clean exterior
- Pouch size - 22 x 14 x 4cm



KoolKids First Aid Kit	Qty
Alcohol Free Cleansing Wipes	4
Burns Gel Sachet 3.5ml	2
Conforming Bandage 5cm x 4m	1
First Aid Guidance Leaflet	1
Instant Cold Pack	1
Low Adherent Dressing 5 x 5cm	2
Meningitis Information Card	1
Microporous Tape 1.25cm x 5m	1
Washproof Plasters - Assorted Sizes	20
Safety Pins	6
Sterile Eyewash Pods 20ml	1
First Aid Pouch	1
	41pcs

Code	Description	Qty
FAKKID	KoolKids First Aid Kit	1

Medical Bags

Our Medical Bags have been designed to be hard-wearing and very versatile, making them perfect for use in any environment. All our bags are water-resistant and have specially designed inner compartments to keep essential items at hand. Features a robust handle and shoulder strap, making them easy to carry and extremely reliable.

Touchline Bag

- This hard-wearing run on bag is perfect for any level of sports team
- Features a sturdy handle and shoulder strap
- Spacious interior makes it perfect to carry essential first aid items
- Lightweight and water-resistant



Code	Description	Qty
BTO	Touchline Bag - 39 x 28 x 19cm	1

Physio Bum Bag

- This bag is ideal for any sports club playing at any level
- Comes with an adjustable strap to fit perfectly to the waist
- Ideal for hands-free patient care
- Water-resistant with internal compartments to keep essential items on hand
- Mesh outer pocket to hold a water or spray bottle



Code	Description	Qty
KBBB	Physio Bum Bag - 60 x 19 x 6cm	1

First Aid

Koolpak offer a comprehensive range of First Aid and Health and Safety products, which comply with the latest BSI and HSE guidelines. Our products are manufactured to the latest ISO quality standards and the majority of our products are made in the same factories as other well-known brands. Our range includes products such as BSI Compliant Workplace First Aid Kits, Sterile Plasters, Vinyl Gloves, Sterile Eyewash, Elastic Adhesive Bandages and Zinc Oxide Tapes, all of which are available at extremely competitive prices.



Code	Description	Qty
KLBSI01	BSI Workplace Kit - Small	1
KLBSI02	BSI Workplace Kit - Medium	1
KLBSI03	BSI Workplace Kit - Large	1

British Standard Workplace First Aid Kits

- Compliant with the latest BS8599-1:2019 standard for the contents of workplace first aid kits
- The clearest and simplest way for employees to ensure they have adequate workplace first aid provisions and remain fully compliant with the law
- First Aid printed on the green box for easy identification
- Supplied in sturdy, durable moulded cases with carry handle and wall mounting brackets

BRITISH STANDARD WORKPLACE KITS			
	Small Kit	Medium Kit	Large Kit
Sterile Cleansing Wipes	20	30	40
Burn Dressing 10cm x 10cm	1	2	2
Conforming Bandage 7.5cm x 4m	1	2	2
First Aid Guidance Leaflet	1	1	1
Foil Blanket	1	2	3
Gloves Nitrile (Pair)	6	9	12
Microporous Tape 2.5cm x 5m	1	2	3
Plasters Washproof	40	60	100
Resuscitation Face Shield	1	1	2
Sterile Dressing Finger	2	3	4
Sterile Dressing Medium	2	4	6
Sterile Dressing Large	2	3	4
Sterile Eye Pad	2	3	4
Triangular Bandages	2	3	4
Tuff Cut Scissors	1	1	1
	83pcs	126pcs	188pcs



Sterile Eyewash

- Help relieve irritation and discomfort in the eye
- Can also be used for wound cleansing
- Twist off cap for ease of opening in an emergency
- Squeezable bottle/pod for a controllable flow rate
- Single use
- Sodium Chloride 0.9w/v Ph. Eur

Code	Description	Qty
KLEED04	Sterile Eyewash Pods - 20ml	25
KLERO1R/B	Sterile Eyewash Bottle - 500ml	1

Sterile Assorted Plasters

- 3 varieties available
- Breathable fabric plasters that conform to contours
- Washproof plasters to keep out water and dirt
- Blue detectable plasters for use in the catering industries
- Each box contains an assortment of 100 sterile-wrapped plasters in a variety of shapes and sizes to treat a wide range of injuries
- Ideal for everyday use and for replenishing existing first aid kits
- Hypoallergenic, latex free adhesive minimises risk of allergic reactions



Code	Description	Qty Per Box
KLPLP4	Sterile Assorted Washproof Plasters	100
KLPLP5	Sterile Assorted Fabric Plasters	100
KLPLP6	Sterile Assorted Blue Detectable Plasters	100

Sterile Dressings

- Soft, highly absorbent wound pad cushions the affected area and protects against possible infection
- Sterile dressing with conforming stretch bandage
- Low adherent pad
- Supplied in sterile, plastic, burst resistant packaging



Code	Description	Qty Per Pack
KLFS07/12	Sterile Dressing - Small - 4 x 5cm	12
KLFS08/12	Sterile Dressing - Medium - 12 x 12cm	12
KLFS09/12	Sterile Dressing - Large - 18 x 18cm	12
KLFS10/12	Sterile Dressing - X Large - 20 x 28cm	12

Adhesive Wound Dressings

- Conforms and adheres to awkward areas of the body
- Hypoallergenic and breathable
- Rounded corners minimise lifting
- Each dressing is individually sterile wrapped



Code	Description	Qty Per Pack
KLSAWD1	Adhesive Wound Dressings - 6 x 7cm	25
KLSAWD2	Adhesive Wound Dressings - 8.6 x 6cm	25
KLSAWD3	Adhesive Wound Dressings - 10 x 8cm	25
KLSAWD4	Adhesive Wound Dressings - 15 x 8cm	25



Elasticated Adhesive Bandage

- Excellent for support and compression of soft tissue injuries
- The elasticated adhesive bandage is easy to apply providing excellent conformity
- High-strength adhesive
- Ideal for finishing tape jobs when working on the ankle, knee or wrist

Code	Description	Qty Per Pack
KLEAB1/6	Elasticated Adhesive Bandage - 2.5cm x 4.5m	6
KLPVB1	Elasticated Adhesive Bandage - 5cm x 4.5m	6
KLPVB2	Elasticated Adhesive Bandage - 7.5cm x 4.5m	6



Zinc Oxide Tape

- Serrated edges ensure easy tearing by hand with no need for scissors
- Ideal for fast taping applications where strength is required
- Helps to limit movement, providing support to joints and muscles which may be under strain due to ligament injury
- Excellent, long-lasting adhesive

Code	Description	Qty Per Pack
KLZO1	Zinc Oxide Tape - 1.25cm x 13.7m	88
KLZO2	Zinc Oxide Tape - 2.5cm x 13.7m	48
KLZO3	Zinc Oxide Tape - 3.8cm x 13.7m	32
KLZO4	Zinc Oxide Tape - 5cm x 13.7m	24



Blister Plasters

- Made from hydrocolloid, an active gel with special moisture absorbing properties that help with the treatment of blisters
- Cushion and protect against rubbing which helps to relieve blister pain
- The plasters are easy to apply and can stay firmly in place for several days to allow the skin to heal
- 5 individually wrapped, waterproof plasters per pack
- Size 44 x 69mm

Code	Description	Qty Per Box
KPBLIS48	Blister Plasters - 44 x 69mm - PK 5	48

*** Please speak to our sales team for further information and pricing for our First Aid range.**

Sterile Saline Moist Cleansing Wipes

- Ideal for cleaning wounds prior to dressing
- Sterile saline wipes are fully compliant with the British Standard for First Aid Wipes and are safe to use on an open wound
- CE marked with Class I medical device status for trusted protection
- Individually wrapped
- 100 wipes per box



Code	Description	Qty Per Box
KLSTR19	Sterile Saline Moist Cleansing Wipes	100

Accident Book

- GDPR and DPA 2018 compliant
- A HSE requirement and compliant with RIDDOR regulations
- A legal requirement - all workplaces must have an accident book
- Contains 50 perforated record sheets that can be removed and filed upon completion



Code	Description	Qty
KLSAB01	Accident Book	1

Mediana HeartOn A15 Automated Defibrillator

- Unit is supplied with a protective outer cover, which when opened automatically turns the unit on
- Visual representation and built-in speaker provide real time guidance during use
- LED indicator lights flash with the corresponding voice prompts
- Defibrillator pads are pre-connected ready for use
- Features an adult/paediatric mode switch to correct the settings without changing the pads
- Visual indication of defibrillator status, battery level and temperature range status
- Unit comes supplied with a LiMnO2 non-rechargeable battery, with a 2 year shelf life and 5 year standby life
- Inbuilt IR and SD Card port for the recording of data
- Supplied with Prep Kit



Code	Description	Qty
AED24	Mediana HeartOn A15 Automated Defibrillator	1
AED25	Mediana HeartOn A15 Adult & Paediatric Pad	1

Retail Range

As a recognised market leader in Hot & Cold Therapy, Koolpak continues to deliver a retail range that performs exceptionally well across the UK and Europe. Our products are stocked in major supermarkets, high-street retailers and on Amazon platforms, supported by bright, eye-catching packaging designed to stand out whether displayed on a shelf, clip strip or free-standing display unit.



Compact Instant Ice Pack

- Ideal for treating minor injuries and smaller affected areas
- Compact and portable - perfect for keeping in a bag, car, or first aid kit
- Remains cold for up to 20 minutes
- Twin Pack

Code	Description	Qty Per Case
RCOM24	Compact Instant Ice Pack - 15 x 15cm - Pk 2	24



Luxury Reusable Hot & Cold Pack

- Versatile pack can be used cold to reduce swelling or hot to relieve muscular aches, stiffness, and discomfort
- Ideal for soft tissue injuries, joint pain, strains, and general muscle soreness
- Flexible design allows the pack to conform to the shape of the body, ensuring maximum contact and comfort
- Maintains therapeutic heat or cold for up to 30 minutes to provide effective, sustained relief
- Contains a holster to hold the pack in place

Code	Description	Qty Per Case
RLHCM24	Reusable Hot & Cold Pack & Elasticated Holster - 12 x 29cm	24



Elasticated Cold Bandage

- Formulated to deliver immediate cooling relief and targeted compression - ideal for the treatment of bruises, sprains, muscle or tendon inflammation.
- The combined effect of cold and compression helps manage discomfort while restricting excessive swelling around the injured area, promoting faster recovery.
- Ultra-stretchy, body-conforming material wraps easily around joints, limbs or torsos - offering a simpler, more adaptable alternative to bulky ice packs.
- Delivers sustained cooling effect for up to 2 hours

Code	Description	Qty Per Case
KOOLB48	Elasticated Cold Bandage - 7.5cm x 2m	48

Reusable Hot & Cold Pack with Elasticated Strap & Cover

- Flexible gel design moulds easily to different body areas for effective hot or cold therapy
- Adjustable elasticated strap ensures a secure and comfortable fit on all body areas
- Generous 100cm strap length (fully extended) allows flexible, hands-free use
- Includes a non-woven cover to provide a soft barrier and help prevent skin irritation or burns



Code	Description	Qty Per Case
RHCSTR16	Reusable Hot & Cold Pack with Elasticated Strap & Cover	16

Moist Heat Wrap

- Encourages enhanced blood flow to the treated area to support the healing process
- When warmed in the microwave, delivers comforting, therapeutic moist heat
- Particularly effective for easing muscle spasms and tension caused by strain
- Ideal for neck, shoulders, back, abdominal discomfort or headaches
- Adjustable elasticated strap allows secure, hands-free positioning, ideal for use while relaxing or working



Code	Description	Qty Per Case
MHWR12	Moist Heat Wrap - 13 x 45cm - 910gm	12

Cold Recovery Pack

- Perfect to help cool down after exercise, ideal for post-workout recovery
- Instant cooling relief helps soothes muscles and joints after activity or injury
- Cools the body after heat exposure making it great for use in hot environments or after sun exposure
- Comforting menopause relief, provides a soothing, cooling sensation for temperature regulation
- Includes an Elasticated Holster, for comfortable, targeted recovery on the go



Code	Description	Qty Per Case
COLDRP36	Cold Recovery Pack - 11.5 x 89cm	36



Heat Patch

- Dual-action heat therapy and pain relief - delivers gentle, therapeutic warmth to help ease aches, strains, and stiffness
- Promotes deep muscle relaxation and improved circulation - heat penetrates to soothe tight or sore muscles
- Suitable for multiple areas - ideal for the neck, back, shoulders, arms, thighs, or calves
- Secure adhesive backing keeps the patch comfortably in place on the targeted area
- Provides up to 8 hours of continuous soothing warmth
- Designed for direct-to-skin application for effective heat transfer

Code	Description	Qty Per Case
HEATP24	Heat Patch - 13 x 9.5cm - Pk 4	24



Cooling Patch

- Instant cooling and pain relief - provides fast-acting relief for muscular strains, sprains, aches and pains
- Effective for soft-tissue injuries and everyday aches - suitable for post-exercise recovery or general muscular discomfort
- Suitable for multiple application areas - perfect for the neck, back, shoulders, arms, knees, or legs
- Secure adhesive design - patch stays comfortably in place with out moving
- Up to 8 hours of continuous cooling comfort – long lasting relief with no refrigeration required

Code	Description	Qty Per Case
KOOLP36	Cooling Patch - 13 x 9.5cm - Pk 4	36



Migraine Cooling Patch

- Instant cooling comfort - delivers gentle, soothing relief for migraines, headaches and tension
- Soft hydrogel patch - provides a calming cooling sensation on the forehead or temples
- Non-medicated and skin-friendly - suitable for sensitive skin and safe for frequent use
- Ideal for targeted migraine relief - perfect for use at home, at work or while travelling
- Flexible, comfortable fit - contours easily to the forehead or side of the head
- Long lasting cooling effect - helps ease pressure and promote relaxation

Code	Description	Qty Per Case
MIGR48	Migraine Cooling Patch - 12 x 5cm - Pk 4	48

**These products are single use only 

Hand Warmer

- Provides instant heat to keep hands warm and comfortable in cold environments
- Ideal for a wide range of cold-weather activities, from outdoor adventures to everyday use
- Compact and portable design, easy to carry in pockets, bags, or gloves



Code	Description	Qty Per Case
HAND160	Hand Warmer - 9.5 x 5.5cm - Pk 2	160

Foot Warmer

- Provides long-lasting heat to keep feet warm and comfortable
- Helps maintain circulation and reduce discomfort in cold conditions
- Slim, low-profile design fits easily inside most footwear



Code	Description	Qty Per Case
FOOT160	Foot Warmer - 9.5 x 7cm - Pk 2	160

Body Warmer

- Provides gentle, soothing warmth for people who feel the cold easily
- Ideal for easing muscular tension and relieving everyday aches caused by cold weather
- Easy-to-apply adhesive design, keeps the warmer securely in place on clothing



Code	Description	Qty Per Case
BODY120	Body Warmer - 9.5cm x 13cm - Pk 1	120



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